He's a Love Machine



编舞者: Anna-Maria Mejlon (SWE) - January 2022 音乐: Honey, Honey - ABBA: (Mamma Mia! OST)



Intro - 16 counts

Walk walk walk, jump forward clap jump backwards clap

1-2 step fwd on R, step fwd on L3-4 step fwd on R, step fwd on L

5-6 jump fwd and clap7-8 jump back and clap

Bump bump, bump bump jazz box 1/4

1-2 bump twice to the R3-4 bump twice to the L

5-6 cross R over L, step back on L

7-8 step R to right side while turning ¼ to the right, step L beside R

Walk walk walk, jump forward clap jump backwards clap

1-2 step fwd on R, step fwd on L3-4 step fwd on R, step fwd on L

5-6 jump fwd and clap7-8 jump back and clap

Bump bump, bump bump jazz box

1-2 bump twice to the R3-4 bump twice to the L

5-6 cross R over L, step back on L7-8 step R to right side, step L beside R

Step side touch step side touch, rolling vine touch

1-2 step R to right side, touch L next to R3-4 step L to left side, touch R next to L

5-6 step R to right side turning ¼ to the right, step back on L turning ½ to the right

7-8 step R to right side turning ¼ to the right, touch L next to R

Step side touch, step side touch, rolling vine

1-2 step L to left side, touch R next to L3-4 step R to right side, touch L next to R

5-6 step L to left side turning ¼ to the left, step back on R turning ½ to the left

7-8 step L to left side turning ¼ to the left, touch R next to L

Fwd touch, fwd touch, back touch, back touch

step diagonally fwd on R, touch L next to R
step diagonally fwd on L, touch R next to L
step diagonally back on R, touch L next to R
step diagonally back on L, touch R next to L

Kick fwd kick side sailor step, kick fwd kick side, sailor step

1-2 kick R fwd, kick R to right side

3&4 step R behind L, step L to left side, step R to right side

5-6 kick L fwd, kick L to left side

7&8 step L behind R, step R to right side, step L to left side

Tag after wall 1,2 and 4:

1-4 bump hips R, bump hips L, bump hips R, bump hips L

Ending on wall 6:

1-8 lift R arm up slowly1-8 lift L arm up slowly

1-8 put down R arm slowly while turning ½ to the right
1-8 slowly take L arm down placing L hand on your heart