From the Country



编舞者: Rebecca Blower (UK) - January 2022 音乐: I'm from the Country - Tracy Byrd



#16 INTRODUCTION

SIDE, TOGETHER, SIDE, TAP (TWICE)

1-2	Step R to R side, step L next to R
3-4	Step R to R side, tap L next to R
5-6	Step L to L side, step R next to L
7-8	Step L to L side, tap R next to L (12:00)

REPEAT ABOVE: SIDE, TOGETHER, SIDE, TAP (TWICE)

1-2	Step R to R side, step L next to R
3-4	Step R to R side, tap L next to R
5-6	Step L to L side, step R next to L
7-8	Step L to L side, tap R next to L (12:00)

STEP TAP x4

1-2	Step R to R side, tap L next to R
3-4	Step L to L side, tap R next to L
5-6	Step R to R side, tap L next to R
7-8	Step L to L side, tap R next to L

HEEL DIGS x4

1-2	Place R heel forward, step R next to L
3-4	Place L heel forward, step L next to R
5-6	Place R heel forward, step R next to L
7-8	Place L heel forward, step L next to R

TOE STRUTS RIGHT & LEFT, ROCKING CHAIR

1-2	Place R toe forward, drop R heel
3-4	Place L toe forward, drop L heel
5-6	Step R forward, recover L
7-8	Step R backwards, recover L

STEP FORWARDS*. 1/4 SWIVELLING HEELS. SWIVEL HEELS x3

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1-2	Step R forwards, hold
3-4	Swivel both heels to the R turning a 1/4 to the left, hold (9:00)
5-6	Swivel both heels to the right and to the left
7-8	Swivel both heels to the left and hold

TAG ON WALL 7 facing 6:00

*Do three sets of the 1/4 turn left (step forwards & swivel to turn) as the song repeats the lyrics "I'm from the country" three times:

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1-2	Step R forwards (6:00), hold
3-4	Swivel both heels to the R turning a 1/4 to the left, hold (3:00)
5-6	Step R forwards (3:00), hold
7-8	Swivel both heels to the R turning a 1/4 to the left, hold (12:00)
1-2	Step R forwards (12:00), hold
3-4	Swivel both heels to the R turning a 1/4 to the left, hold (9:00)

5-6 Swivel both heels to the right and to the left 7-8 Swivel both heels to the left and hold (9:00)

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