

Oh My Gosh

COPPER KNOB
STEPMATS

拍数: 32 墙数: 4 级数: Improver
编舞者: Zoë Coen (SA) - January 2022
音乐: Oh My God - Adele



COMMENTS: Restart on Wall 2 After 16 Counts
Tag at the end of Wall 4 (See below)

[1-8] CROSS KNEE POP, SIDE KNEE POP, EXTENDED SYNCOPATED WEAVE

1&2 CROSS RF OVER LEFT, LIFT BOTH HEELS OFF THE FLOOR WHILST BENDING KNEES, RECOVER, END WITH WEIGHT ON RF
3&4 STEP LF TO L SIDE, LIFT BOTH HEELS OFF THE FLOOR WHILST BENDING KNEES, RECOVER, END WITH WEIGHT ON RF
5&6&7&8 STEP LF BEHIND RF, STEP RF NEXT TO LF, STEP LF ACROSS RF, STEP RF NEXT TO LF, STEP LF BEHIND RF, STEP RF NEXT TO LF, STEP LF ACROSS RF (12:00)

[9-16] SIDE ROCK CROSS HOLD, HOLD, AND CROSS, ¼ TURN L WALK, R WALK, ANCHOR STEP

1&2& ROCK RF TO R SIDE, RECOVER, CROSS RF OVER LEFT, HOLD
3&4 HOLD, STEP LF TO L SIDE, CROSS RF OVER LF
5,6 ¼ L WALK L FORWARD, WALK R FORWARD,
7&8 STEP LF BEHIND RF, RECOVER WEIGHT ONTO RF, STEP LF BEHIND R (9:00)

***Restart here on Wall 2**

[17-24] SIDE ROCK, FORWARD ROCK, STEP BACK BACK, R COASTER STEP

1&2 ROCK RF TO R SIDE, RECOVER, STEP RF NEXT TO LF
3&4 ROCK LF FORWARD, RECOVER, STEP LF NEXT TO RF
5,6. STEP RF BACK, FANNING L TOE OUT, STEP LF BACK, FANNING R TOE OUT
7&8 STEP RF BACK, CLOSE LF NEXT TO R, STEP RF FORWARD (9:00)

[25-32] SAILOR STEP, ½ R PIVOT TURN, V-STEP, SWIVETS

1&2 STEP LF BEHIND RF, STEP RF TO R SIDE, STEP LF TO L SIDE
3,4 STEP RF FORWARD, PIVOT ½ L, REPLACE WEIGHT ONTO LF (3:00)
5&6& STEP RF OUT, STEP LF OUT, STEP RF IN, CLOSE LF NEXT TO RF
7&8& SWIVET BOTH FEET TO R ON L BALL AND R HEEL, RECOVER TO CENTRE, SWIVET BOTH FEET TO L ON L HEEL AND R BALL, RECOVER TO CENTRE

TAG (after Wall 4)

[1-4] WALK FULL TURN

1 ¼ TURN R STEPPING RF FORWARD
2 ¼ TURN R STEPPING LF FORWARD
3 ¼ TURN R STEPPING RF FORWARD
4 ¼ TURN R STEPPING LF FORWARD

START AGAIN AND ENJOY!!!