## The MoRniNG



编舞者: Andrico Yusran (INA) - January 2022 音乐: In The Morning - Jennifer Lopez



#### \*Start dance after intro 20 counts\*

#### #1. \*FORWARD ROCK - VOLTA 3/4 TURN R - MAMBO FORWARD - HITCH - BACK - HITCH - CLOSE\*

4.0	Ctan D famous and	1
1-2	Step R forward	, L recover

3&4 R 1/2 turn to R (6.00), L ball side R, R 1/4 turn to R forward (9.00)

5&6 L forward, R in place, L back

&7&8 R knee up, R back, L knee up, L close beside R (weight on L)

### #2. \*LOCK FORWARD SHUFFLE (R-L) - MAMBO CROSS FORWARD (syncopated)\*

1&2	Step R forward , L lock behind R , R forward
3&4	L forward , R lock behind L , L forward
5&6&	R side , L in place , R cross over L , L to side
7&8	R in place , L cross over R , R side touch point

## #3. \*PIVOT 1/4 TURN TO L - CROSS SHUFFLE - SHUFFL3 1/4 TURN L - FORWARD TOUCH - BACK TOUCH\*

1-2	Step R forward 1/4 turn to L , L in place (6.00)		
3&4	R cross over L , L to side , R cross over L		
58.6	I 1/4 turn to I forward R close beside I. I forwar		

5&6 L 1/4 turn to L forward , R close beside L , L forward (3.00)
7-8 R touch point forward , R back touch point ( weight on L )

# #4. \*FORWARD LOCK SHUFFLE - MAMBO 1/4 TURN L - CROSS TOUCH - SIDE TOUCH - 1/4 TURN R - JUMP OUT - IN ( both )\*

1&2	Step R forward.	L lock behind R.	. R forward
IQZ	Step R Iolwald,		, r i

3&4 L forward, R in place, L 1/4 turn to L (12.00) (weight on L)

5&6 R cross touch point over L, R side touch point, R 1/4 turn to R close beside L (3.00)

7-8 Making JUMP OUT - IN with both foot

#### Dancing with Your Heart...♥

<sup>\*(</sup> Restart here on wall 3 )\*