

Dance With Me 1 2 3

拍数: 32 墙数: 4 级数: Improver
编舞者: Carol Cotherman (USA) - February 2022
音乐: Dance with Me - Diplo, Thomas Rhett & Young Thug



Dedicated to Stefanie!

Can be used as a floor split with Wright's or Beau/Fowler's dances when you need a little less footwork.

#16 count intro - 2 Restarts

Crossing Triple, Scissor Step, Side, Together, ¼ Turn, Triple Step

1&2 Step right over left, step left to side, step right over left
3&4 Step left to side, step right by left, step left over right
5-6 Step right to side, step left beside right (with hips)
8&7&8 Pivot ¼ right, step right slightly forward, step left by right, step right slightly forward - 3:00

Cross, Side Rock, Recover, Cross, Side Rock, Recover, ¼ Turning Jazz Box With Touch

1&2 Step left over right, rock right to side, recover to left
3&4 Step right over left, rock left to side, recover to right
5-6 Step left over right, begin ¼ turn left stepping right back
7-8 Complete ¼ turn left stepping left to side, touch right toes by left (12:00)

Heel, Toe, Triple Step, Heel, Toe, Step, ¼ Turn, Cross

1-2 Touch right heel forward twisting upper body to right, touch right toe back squaring body to 12:00
3&4 Step right forward, step left by right, step right forward
5-6 Touch left heel forward twisting upper body to left, touch left toe back squaring body to
12 00
7&8 Step left forward, ¼ turn right taking weight to right, step left over right - 3:00

¼ Turn, ¼ Turn, Crossing Triple, Left Side Mambo, Toe Touch, Hold

1-2 ¼ Turn left stepping right back, ¼ turn left stepping left to side
3&4 Step right over left, step left to side, step right over left
5&6 Rock left to side, recover to right, step left by right
7-8 Touch right toe by left popping right knee, hold (9:00)

***Shoulders shimmy: Count as 7&8&: Left shoulder forward/Right shoulder back(7) Shoulders in place(&) Left Shoulder forward/Right shoulder back(8) Shoulders in place(&)**

Repeat

NOTE: There is ½ of a beat missing in the music at the end of Wall 1. If you count the final two counts 7&8& as suggested for the shoulder shimmies, you restart the dance on the & count after 8. It only happens on Wall 1. Also, eliminate the shimmies at the end of Wall 1 and just concentrate on hitting the start of the dance correctly.

Restarts: Wall 3 facing 6:00 and Wall 6 Facing 12:00 – Dance 16 counts and restart.

Ending: On the final wall, the music fades out. Dance to the end of the wall. You will touch your right toe by left on count 31 facing 3:00. Pivot ¼ left on count 32 to end facing 12:00.

****Add shoulder and hip movements as you feel the music!**

Last Update: 3 Jun 2022

