

# 1 Minus 1

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Easy Intermediate  
编舞者: Forty Arroyo (USA) - February 2022  
音乐: 1+1 (feat. Amir) (Banx & Ranx Remix) - Sia



**\*\*A Hayloft Floor Split for the intermediate dance "1+1" by Jean-Pierre Madge & Niels Poulsen**

**(Starts after 16 counts) No Tags or Restarts**

**[1-8] FWD R, L, PIVOT ¼ R, CROSSING TRIPLE, SIDE, STEP FWD, PUSH HIPS BACK**

1-3      Forward on R, Forward on L, Pivot ¼ turn right (3:00)  
4&5      Cross L over R, Step R to side, Cross L over R  
6      Making 1/8 turn right towards 5:30 – Step forward on R  
7,8      Step forward on L – pushing hips forward, Push hips back (WOR),

**[9-17] PUSH HIPS FORWARD & BACK, COASTER STEP, STEP, PIVOT ¼ L, WALK R,L,R**

1,2      Push hips forward (WOL), Push hip back (WOR) – Still at 5:30  
3&4      squaring off to 3:00 – Step back on L, Step R next to L, Step L next to R (now at 3:00)  
5,6      Step forward on R, Pivot ¼ left (WOL) (now at 12:00)  
7,8,1      Walk forward R, L, R – one foot slightly across the other as you step

**(option for step 3&4-5,6 – do the coaster step in place at 5:30, then pivot 3/8 turn left to 12:00)**

**[18-24] LEFT & RIGHT MAMBOS, ROCK, RECOVER, STEP BACK WITH SWEEP,**

2&3      Rock L to side, Recover weight on R, Step L next to R  
4&5      Rock R to side, Recover weight on L, Step R next to L  
6,7      Rock forward on L, Recover weight on R  
8      Sweeping L around & back – step L behind R

**(option for steps 2 -5 – Touch L to side, Step L in place, Touch R to side, Step R in place)**

**[25-32] ROCK, RECOVER, STEP, PIVOT ½ L, HIP BUMPS – Rx2 & Lx2**

1,2      Rock back on R, Recover weight on L  
3,4      Step forward on R, Pivot ½ turn left – weight on L (Now at 6:00)  
5&6      Bump hips – right, left, right  
7&8      Bump hips – left, right, left

**(WOR) = weight on right foot**

**(WOL) – weight on left foot**

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