King of the Mountain



编舞者: Roy Verdonk (NL), Grace David (KOR) & Jef Camps (BEL) - March 2022

音乐: King of the Mountain - Louis II



Intro: 16Counts - Sequence: AABC AABC Tag C

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PA	RI	-

SEC 1: Brush	Out-Out Hee	I Rounces	Sailor 1/4 Turn	Step Fwd Flic	k, Step Back, Hook
	Out-Out, Hee	i Douiloes,	Janoi /4 Fulli	. Oled i wa. i iic	n. Oleb Dack, i lock

1&2 RF brush forward, RF step out, LF step out Lift both heels, bring both heels down

Lift both heels, bring both heels down, lift both heels, bring both heels down

5&6
½ turn R & RF cross behind LF, LF step side, RF step forward
7&8&
LF step forward, RF flick behind LF, LF step back, RF hook across L

SEC 2: Rock Fwd/Recover, Shuffle ½ Turn, Scuff, ¼ Hitch, Side, Apple Jacks

12 LF rock forward, recover on RF

3&4 ¼ turn L & LF step side, RF close next to LF, ¼ turn L & LF step forward 5&6 RF scuff forward, hitch R-knee while making ¼ turn L on LF, RF step side

7& RF weight on heel & twist toes out while twisting L-heel in, bring feet back to center LF weight on heel & twist toes out while twisting R-heel in, bring feet back to center

SEC 3: Side Rock/Recover, Ball, Side Rock/Recover, Cross, ½ Unwind, Modified V Step

12& RF rock side, recover on LF, close on ball of RF

34 LF rock side, recover on RF

LF cross behind RF, make ½ unwind turn L on LF

&7&8 Step into R diagonal on R-heel, step into L-diagonal on L-heel, RF step back, LF close

SEC 4: Heel Digs, Behind-Side-Cross, Heel Digs, Behind, 1/4 Fwd, Step Fwd

	• ·	•	O .	•	•	
1&	RF dig heel diag	onally forw	ard, lift RF	slightly	and clap hands	3
2&	RF dig heel diag	onally forw	ard, lift RF	slightly	and clap hands	3

3&4 RF cross behind LF, LF step side, RF cross over LF

LF dig heel diagonally forward, lift LF slightly and clap hands
LF dig heel diagonally forward, lift LF slightly and clap hands
LF cross behind RF, ¼ turn R & RF step forward, LF step forward

PART B (You do part A twice, so both times B starts facing 6:00)

SEC 1: Skates, Diagonal Shuffle, Skates, Diagonal Shuffle

12 Skate RF diagonally R forward, skate LF diagonally L forward

3&4 RF step into R diagonal, LF close next to RF, RF step into R diagonal

56 Skate LF diagonally L forward, skate RF diagonally R forward

7&8 LF step into L diagonal, RF close next to LF, LF step into L diagonal

SEC 2: Cross, Back, Chasse, Cross, Side, ¼ Coaster Step

12 RF cross over LF, LF step back

3&4 RF step side, LF close next to RF, RF step side

56 LF cross over RF, RF step side

7&8 1/4 turn L & LF step back, RF close next to LF, LF step forward

SEC 3: Kick-Ball-Step, Kick-Ball-Step, Rock Fwd/Recover, Coaster Step

1&2 RF kick forward, RF close on ball next to LF, LF step forward 3&4 RF kick forward, RF close on ball next to LF, LF step forward

56 RF rock forward, recover on LF

7&8	RF step back, LF close next to RF, RF step forward
SEC 4: Step Fw	vd, ½ Pivot, ¼ Chasse, Sailor Step, Hip Roll
12	LF step forward, make ½ turn R putting weight on RF
3&4	1/4 turn R & LF step side, RF close next to LF, LF step side
5&6	RF cross behind LF, LF step side, RF step side
78	Make an anti-clockwise hiproll over 2 counts (weight ends on LF)
	(11.0.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.
•	C always starts facing 12:00) Fwd, Shuffle Fwd, Rock Fwd/Recover, Coaster Step
12	RF step forward, LF step forward
3&4	RF step forward, LF close next to RF, RF step forward
56	LF rock forward, recover on RF
7&8	LF step back, RF close next to LF, LF step forward
7 00	El stop basis, it i stop lotward
SEC 2: Step Fw	vd, ¼ Pivot, Cross Shuffle, Side Rock/Recover, ¼ Sailor Step
12	RF step forward, make ¼ turn L putting weight on LF
3&4	RF cross over LF, LF step side, RF cross over LF
56	LF rock side, recover on RF
7&8	1/4 Turn L & LF cross behind RF, RF step side, LF step forward
	74 Fam 2 d 21 Grood Borning Fa , Fa Groop Grad, 21 Groop forward
SEC 3: Walks F	Fwd, Shuffle Fwd, Rock Fwd/Recover, Coaster Step
12	RF step forward, LF step forward
3&4	RF step forward, LF close next to RF, RF step forward
56	LF rock forward, recover on RF
7&8	LF step back, RF close next to LF, LF step forward
	Zi stop basil, i a stop io. Nata
SEC 4: Step Fw	vd, ¼ Pivot, Cross Shuffle, Side Rock/Recover, ¼ Sailor Step
12	RF step forward, make ¼ turn L putting weight on LF
3&4	RF cross over LF, LF step side, RF cross over LF
56	LF rock side, recover on RF
7&8	1/4 Turn L & LF cross behind RF, RF step side, LF step forward
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SEC 5: V-Step,	Point Out-In-Out, Behind-Side Cross
12	RF step diagonally R-forward, LF step diagonally L-forward
[Push both hand	ds up while stepping out (up-up)]
34	RF step back, LF close next to RF
[Push both hand	ds down while stepping back (down-down)]
5&6	RF point side, RF touch next to LF, RF point side
7&8	RF cross behind LF, LF step side, RF cross over LF
SEC 6: Sways,	Chasse, Cross Rock/Recover, Chasse ¼ Turn
12	LF step side and sway L, sway R (start bringing both arms up sideways)
3&4	LF step side, RF close next to LF, LF step side (finish bringing both arms up
56	RF cross over LF, recover on LF
7&8	RF step side, LF close next to RF, 1/4 turn R & RF step forward
SEC 7: V-Step,	Point Out-In-Out, Behind-Side Cross
12	LF step diagonally L-forward, RF step diagonally R-forward
[Push both hand	ds up while stepping out (up-up)]
34	LF step back, RF close next to LF
_	ds down while stepping back (down-down)]
5&6	LF point side, LF touch next to RF, LF point side
7&8	LF cross behind RF, RF step side, LF cross over RF

SEC 8: Sways, Chasse, Cross Rock/Recover, Chasse 1/4 Turn

12	RF step side and sway R, sway L (start bringing both arms up sideways)
3&4	RF step side, LF close next to RF, RF step side (finish bringing both arms up)
56	LF cross over LF, recover on RF
7&8	LF step side, RF close next to LF, ¼ turn L & LF step forward

TAG: Repeat following steps twice before moving into the last time part C

1&	RF step diagonally R forward, clap hands & lift R-heel
2&	Bring down R-heel, clap hands & lift R-heel
3&	Bring down R-heel, clap hands & lift R-heel
4&	Bring down R-heel, clap hands & lift R-heel
5&	LF step diagonally L forward, clap hands & lift L-heel
6&	Bring down L-heel, clap hands & lift L-heel
7&	Bring down L-heel, clap hands & lift L-heel
8&	Bring down L-heel, clap hands & lift L-heel

This dance is choreographed especially for the anniversary event of The Rio Grande dancers.

Contacts:

Roy Verdonk – royverdonkdancers@gmail.com Grace David – poshtroy2010@hanmail.net Jef Camps – littlejeff@hotmail.be