

Jazzie Sailor

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 1 级数: Beginner
编舞者: Gina Piercy (AUS) - March 2022
音乐: Lean On Me - O'Yaba : (One Foundation Album 1993)



Basic Beginner Technique & Terminology Gospel Music Series – Dance 3 (1 or 4 walls)

SECTION 1 - RIGHT SIDE ROCK-RECOVER-RIGHT SAILOR-CROSS ROCK-RECOVERLEFT, SIDE POINT

1-2 Rock Right to Right Side-Recover Left
3-4-5 Step Right Behind Left-Step Left to Left Side-Step Right to Right Side
6-7-8 Cross Rock Left in Front of Right-Recover Right-Left Side Point

SECTION 2 - WEAVE TO RIGHT SIDE-RIGHT SIDE POINT-RIGHT JAZZ BOX-LEFT TOUCH

1-4 Cross Step Left in front of Right-Step Right to Right Side-Step Left Behind Right- Right Side Point
5-8 Cross Step Right in front of Left-Left Step Back-Right Side Step-Left Touch next to Right

SECTION 3 - LEFT SIDE ROCK-RECOVER-LEFT SAILOR-CROSS ROCK-RECOVER-RIGHT SIDE POINT

1-2 Rock Left to Left Side-Recover Right
3-4-5 Step Left Behind Right-Step Right to Right Side-Step Left to Left Side
6-7-8 Cross Rock Right in Front of Left-Recover Left-Right Side Point

SECTION 4 - WEAVE TO THE LEFT-LEFT SIDE POINT-LEFT JAZZ BOX-RIGHT TOUCH

1-4 Cross Step Right in front of Left-Step Left to Left Side-Step Right Behind Left-Left Side Point
5-8 *Cross Step Left in front of Right-Right Step Back-Left Side Step-Right Touch next to Left

*SECTION 4 – FOUR WALL VERSION – LEFT JAZZ BOX ¼ TURN TO THE LEFT

5-8 *Cross Step Left in front of Right-1/4 turn to the Left as you Step Back on the Right Foot-Step Left to Left Side-Right Touch next to Left

Email: gcpiercy@gmail.com

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