Shanghai Night (夜上海)

级数: Easy Intermediate

编舞者: Catherine Chew (SG) - March 2022

音乐: Night Life In Shanghai (夜上海) - Zhou Xuan (周璇)

No Tag, no Restart; Start on the vocals

拍数: 64

SEC 1 Forward, hold, forward, close; back, hold, back, close

- 1234 Step L forward, hold, step R forward, step L next to R
- 5678 Step R back, hold, step L back, step R next to L (12)

SEC 2 Forward Rumba box, ¼ L back Rumba box

- 1234 Step L forward, hold, step R to R, step L next to R
- 5678 Step R back, hold, ¼ L step L to L side, step R next to L (9)

SEC 3 Forward, sweep, cross, back; sway R, hold, sway L, R

1234 Step L forward, lift R while sweeping R from back to front, step R cross over L, step L back 5678 Sway to R when step R to R, hold, sway to L, sway to R (9)

SEC 4 Forward, hold, 1/2 L; forward, hold 1/2 R, 1/2 R

- 1234 Step L forward, hold, 1/2 L step R back, 1/2 L step L forward
- 5678 Step R forward, hold, 1/2 R step L back, 1/2 R step R forward (9)

SEC 5 Side, hold, back, recover L; ¼ L side, hold, back, recover

- 1234 Step L to L, hold, step R back, recover weight on L
- 5678 1/4 L step R to R, hold, step L back, recover weight on R (6)

SEC 6 L Scissors, L Cross Shuffle; R Scissors, R Cross Shuffle

- Big step L to L, drag R to close besides L 12&
- 3&4 Step L cross over R, step R to R, step L cross over R
- 56& Big step R to R, drag L to close besides R
- 7&8 Step R cross over L, step L to L, step R cross over L (6)

SEC 7 L Rolling Vine; R Rolling Vine

- 1234 1/4 L step L forward, hold, 1/2 L step R back, 1/4 L step L to L
- 5678 1/4 R step R forward, hold, 1/2 R step L back, 1/4 step R to R (6)

SEC 8 Cross, side, behind, flick; cross, side, behind, touch

- 1234 Step L cross over R, step R to R, Step L behind R, Flick R outward back
- 5678 Cross R over R, step L to L, Step R behind L, touch L to L (6)

For clarification, please contact chchew1109@gmail.com





墙数:2