

# Fly Me Out

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Pat Stott (UK) - March 2022  
音乐: Cry Me Out (Bimbo Jones Remix Edit) - Pixie Lott



(Written on a flight to Tenerife!)

**\*\*2 Easy tags**

## **Side, rock, cross shuffle, side, rock, cross shuffle**

- 1 – 2      Rock right to right, recover on left
- 3&4      Cross right over left, small step to left on ball of left, cross right over left
- 5 – 6      Rock left to left, recover on right
- 7&8      Cross left over right, small step to right on ball of right, cross left over right

## **Side, hold, close, side, touch, ¼, ½, ½ shuffle**

- 1,2&3,4      Step right to right, hold, close left to right, right to right, touch left slightly out to left (prepare body for a left turn by turning body slightly right)
- 5 - 6      Turn ¼ left and step forward on left, turn ½ left stepping back on right
- 7&8      turning shuffle ½ left stepping left, right, left

## **Rock forward, recover, heel jack, hold, close, rocking chair**

- 1 – 2      Rock forward on right, recover onto left
  - &3,4      step back on right (&), extend left heel forward(3), hold (4)
  - & 5,6,7,8      Close left to right, rock forward on right, recover on left, rock back on right, recover on left
- (Styling on heel Jack - look to right then square up again for rocking chair)**

## **Lindy chasse right, ¼ turn right and lindy chasse left, rock back, recover, kick, ball, cross**

- 1 & 2      on balls of feet small chasse to right – right to right, close left to right, right to right
- 3 & 4      Turn ¼ right and on balls of feet small chasse to left – left to left, close right to left, left to left
- 5 – 6      Rock back on right, recover on left
- 7 & 8      kick right to right diagonal, step on ball of right, cross left over right

**(Lindy styling are small bouncy chasses)**

## **Side, together, shuffle forward, side, together, shuffle back**

- 1 – 2      Big step to right, close left to right
- 3 & 4      Forward on right, close left to right, forward on right
- 5 – 6      Big step to left, close right to left
- 7 & 8      Back on left, close right to left, back on left

## **Rock back, recover, shuffle ½ turn left, rock back, recover, shuffle ½ turn right**

- 1 – 2      Rock back on right, recover on left
- 3 & 4      Gradually turning ½ left – right, left, right
- 5 – 6      Rock back on left, recover on right
- 7 & 8      Gradually turning ½ right – left, right, left

## **Back, back, coaster step, ½ turn right, ½ turn right, step ¼ pivot right**

- 1 – 2      Back on right turning left toe to left, back on left turning right toe to right
- 3 & 4      Back on right, close left to right, forward on right (prepare to turn by turning right toe out slightly to right)
- 5 – 6      Turn ½ right stepping back on left, turn ½ right stepping forward on right
- 7 – 8      Step forward on left, pivot ¼ right transferring weight to right

**(You can replace the turns on steps 5-6 with 2 walks)**

**Jazz box, point left toe to left, switch, right toe to right, switch, left heel forward, switch, tap right next to left**

1 – 4                Cross left over right, back on right, left to left, close right to left

5 &                Point left toe to left, close left to right

6 &                Point right toe to right, close right to left

7 & 8              Left heel forward, close left to right, tap right next left

**Tags end of wall 2 and wall 5**

1 – 8              dance section one (side rocks and cross shuffles) then restart

**Ending: Facing 6 o'clock at the end of section 8 replace step 8 with a touch back and quickly unwind ½ right to face 12 o'clock**

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