Leave Before You Love Me



拍数: 64 墙数: 4 级数: Phrased Beginner

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音乐: Leave Before You Love Me - Marshmello & Jonas Brothers



Intro: 16

Seq: AA-BB-AA-BB-A

Part A (32)

A1: V-STEP-CHASSE (2X)

1-2 Step R diagonally to right, step L diagonally to left

3&4 Chasse side RLR

5-6 Step L diagonally to left, step R diagonally to right

7&8 Chasse side LRL

A2: SIDE-CROSS R OVER, SIDE-CROSS L BEHIND (2X)

1-4 Step R side, cross L toe over, step L side, touch R toe behind

5-8 Repeat steps 1-4

Styling:

1-2 Raise right arm, drop arm at side 3-4 Raise left arm, drop arm at side

A3: MONTEREY QUARTER TURN, VINE RIGHT

1-2 Touch R side, step R together and turn 1/4 right

3-4 Touch L side, step L together

5-8 Step R side, cross L behind, step R side, step L together

A4: Repeat steps A3

Part B (32)

B1: FORWARD ZIG-ZAG PATTERN

1-2 Turn body to left and step R forward, lock L behind R

3-4 Step R forward, touch L together

5-6 Turn body to right and step L forward, lock R behind L

7-8 Step L forward, touch R behind L

Styling:

1-4 Right arm forward, left hand on chest5-8 Left arm forward, right hand on chest

B2: STEP-TOUCH ROUTINE MOVING BACK

1-2 Turn body to right and step R back, touch L together3-4 Turn body to front and step L back, touch R slightly side

5-8 Repeat steps 1-4

Styling:

1-2 Raise hands, palms facing back, to top of head then pull hands vertically down

3-4 Drop hands at sides

B3: KNEE PUMPS, BACK WALK

1-4 Step R together and pump knees (4X)

5-6 Step R back, step L back

7-8 Turn 1/4 right and step R side, step L together

Styling:

1-2 Hold forearms upright by chest and pump them together twice

3-4 Drop hands at sides, palms facing back, and pump arms down twice

B4: KNEE PUMPS, BACK WALK

1-4 Pump knees (4X)

5-8 Step R back, step L back, step R back, step L together

Same styling as in preceding section

ENDING: At final wall (Part A), replace the straight-line vine with a quarter-circle vine.

NOTE: Styling is optional.