Como Olvidarte

拍数: 32	墙数: 4	级数: Improver
编舞者: Om Pardi (INA) - March 2022		
音乐: Como Olvidarte (feat. Morat, Maluma) - Nicky Jam		

Intro: 32 Counts - No Tag - 1 Restart

SEC 1: CHARLESTON STEP, SIDE MAMBO (RIGHT, LEFT)

1-4	Touch R forward, Step R back, Touch L back, Step L forward
5&6	Rock R to side, Recover on L, Step R next to L
7&8	Rock L to side, Recover on R, Step L next to R

SEC 2: BOTA FOGO, CROSS SHUFFLE, ¼ RIGHT BOTA FOGO, BOTA FOGO

1&2	Cross R over L, Step L to side, Step R in place
3&4	Cross L over R, Step R to side, Cross L over R
5&6	Make ¼ right turn cross R over L, Step L to side, Step R in place
7&8	Cross L over R, Step R to side, Step L in place

SEC 3: SYNCOPATED DIAGONAL LOCK SHUFFLE (RIGHT, LEFT)

1&2&	Step R forward diagonally R, Lock L behind R, Step R forward diagonally R, Lock L behind R
3&4	Step R forward diagonally R, Lock L behind R
5&6&	Step L forward diagonally L, Lock R behind L, Step L forward diagonally L, Lock R behind L
7&8	Step L forward diagonally L, Lock R behind L

SEC 4: FORWARD MAMBO, BACK COASTER STEP, (PADDLE 1/8 LEFT)X2, PADDLE ¼ LEFT

1&2	Make 1/8 right turn Rock R forward, Recover on L, Step R back
3&4	Step L back, Step R next to L, Step L forward
5&	Touch R forward, Push while turning 1/8 left turn
6&	Touch R forward, Push while turning 1/8 left turn
7&	Touch R forward, Push while turning ¼ left turn, Step R next to L

Begin Again

Restart during wall 2 after 16 counts. Dance facing 12.00

For more information about this dance please contct: gieprod@yahoo.com