

Promises

COPPER **KNOB**
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Magali Chabret Erhard (FR) - March 2022
音乐: Promises - Diplo, Paul Woolford & Kareen Lomax : (CD: DIPLO, March 2022)



#16 counts intro

S1 : WEAVE RIGHT, POINT SIDE, POINT FWD, SIDE ROCK

1-2-3-4 Step Rf to side – step Lf behind Rf – step Rf to side – cross Lf over Rf
5-6 Point right toes to right side – point right toes in front of Lf
7-8 Rock Rf to side – recover onto Lf

S2 : WEAVE ¼ TURN LEFT, ROCKING CHAIR

1-2-3-4 Cross Rf over LF – step Lf to side – step Rf behind Lf – turn 1/4 left stepping Lf forward (9:00)
5-6 Rock Rf forward – recover onto Lf
7-8 Rock Rf back – recover onto Lf

S3 : PIVOT ¼ TURN LEFT TWICE, JAZZBOX SQUARE

1-2 Step Rf forward – turn 1/4 pivot to left (6:00)
3-4 Step Rf forward – turn 1/4 pivot to left (3:00)
5-6-7-8 Cross Rf over Lf – step back on Lf – step Rf to side – cross Lf over Rf

S4 : STEP DIAG R, SWIVEL HEEL/TOES/HEEL, STEP DIAG L, SWIVEL HEEL/TOES/HEEL

1 Step Rf diagonally forward right
2-3-4 Swivel left heel toward Rf – swivel left toes toward Rf – swivel left heel toward Rf (weight on Rf)
5 Step Lf diagonally forward left
6-7-8 Swivel right heel toward Lf – swivel right toes toward Lf – swivel right heel toward Lf (weight on Lf)

No tag, no restart !

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.