If I Said

拍数: 32	**墙数:** 4	**级数:** Beginner

编舞者: Helaine Norman (USA) - April 2022

音乐: If I Said You Had a Beautiful Body Would You Hold It Against Me - The Bellamy Brothers

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Intro: 16 - No tags or Restarts

I. Side Rock, Recover, Forward Hold X2

1-2	Rock R side, recover to L
3-4	Step R forward, hold
5-6	Rock L side, recover to R
7&8	Step L forward, hold

II. Scissor, Vine Hold

1-3	Rock R side, recover to L, step R over
4-5	Step L side, step R behind
6-7	Step L side, step R over
8	Hold

III. ¼ R Turn, ¼ R Turn; Forward Mambo with Hold

1-2	Step L side, making 1/4 turn right step R (3:00)
3-4	Step L forward, making ¼ turn right step R (6:00)
5-8	Step L forward, recover to R, step L together (or slightly forward), hold

IV. Back Mambo with Hold; Scissor, ¼ L Turn

1-4	Step R back, recover to L, step R together (or slightly forward), hold
5-7	Rock L side, recover to R, step L over
8	Making ¼ turn left, pivot on L (3:00)

Styling for count 8 (1/4 L turn): Keep R touching L to make it easy to begin dance stepping to R side.

REPEAT

ENDING: End at 12:00 after the two ¼ right turns. Just step L forward to pose.

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