

# Are You Okay

**COPPER** KNOB  
STEP SHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Eun Mi Lim (KOR) - April 2022  
音乐: r u ok - Tate McRae



Intro: #32 counts (approx. 15secs)

**Sec 1: Forward, Pivot 1/4Turn L, Behind-Side-Side X2,**

1-2      Step R forward, Pivot 1/4turn L (9:00)  
3-4      Cross R behind L, Step L to left side  
5-6      Step R to right side, Cross L behind R,  
7-8      Step R to right side, Step L to left side

**Sec 2: Forward Rock, 1/4Turn R & Side, Point, 1/4 L & Together, Scuff, Forward Rock**

1-2      Rock R forward, Recover on L  
3-4      1/4turn R stepping R to right Side (12:00), Point L toes to left side  
5-6      1/4turn L stepping L beside R (9:00), Scuff R forward  
7-8      Rock R forward, Recover on L

**Sec 3: Back Rock, 1/2Turn L & Lock Shuffle, Back Walk (L-R), Side Rock**

1-2      Rock R back, Recover on L  
3&4      1/4turn L stepping R to right side (6:00), Cross L over R, 1/4turn L stepping Back (3:00)  
5-6      Step L back, Step R back  
7-8      Rock L to left side, Recover on R

**Sec 4: Cross, Side, Behind, 1/4Turn R & Forward, 1/4Turn R & Point, Cross, Back, Side**

1-2      Cross L over R, Step R to right side  
3-4      Cross L behind R, 1/4turn R stepping R forward (6:00)  
5-6      1/4turn R Point L toes to left side (9:00), Cross L over R  
7-8      Step R back, Step L to left side

Enjoy Dancing Always!

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