She Had Me at Heads Carolina

拍数: 64   **墙数:** 4   **级数:** Intermediate

编舞者: Sarah Vanderhill (USA) - April 2022

音乐: She Had Me At Heads Carolina - Cole Swindell

Intro: 16 counts from when the beat starts

Rocking Chair R with Shuffle, ½ Turn Pivot, Repeat on L

1-4	Step forward R, rock back on L, step back on R, rock on L
5 & 6, 7-8	Shuffle R, step with L and ½ turn pivot
1-4	Step forward L, rock back on R, step back on L, rock on R
5 & 6, 7-8	Shuffle L, step with R, ½ turn pivot

Cross with Toe Point, ¼ Turn, Walk

1-8	Cross R over L, point L toe to side, cross L over R, point R toe to side, cross R over L, point L toe to side and cross L over R, point R toe to side while ¼ turn to L
1-4	Walk forward with R, L, R, kick L foot
5-8	Walk back L, R, L, R together

Cross Step with Vine, Jazz box, Heel, Step, ¼ Turn

1-4	Cross R over L, step L to side, R behind L, touch L toe out
5-8	Cross L over R, step R to side, L behind R, touch R toe out
1-4	Cross R over L, step L back, R to side, L together
5-8	Jump on R heel out, jump on L heel, step with R, pivot ¼ turn on R

Rock Step, Recover, Shuffle, Walk, Kick

1, 2, 3 & 4	Step R toward L, at a diagonal, rock L, recover on R, shuffle to L
5,6,7, & 8	Step L toward R at a diagonal, rock R, recover on L, shuffle to R
1-4	Step forward with R, L, kick twice with R
5-8	Step back with R, L, R, L

Repeat facing 6 o'clock wall

One Restart after fifth time of full dance, you will be facing the 6 o'clock wall following the Jazz box, heel, heel, step with 1/4 pivot to L. You will hear the restart in the music

Last Update: 21 Jul 2022