Try Losing One



拍数: 32 墙数: 2 级数: Intermediate

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音乐: Try Losing One - Tyler Braden: (Album: What Do they Know - iTunes)



Intro: 8 counts from when you hear the piano 14 sec. seconds into track, dance begins with weight on L Tags: There are 2 tags, both 8 counts. First tag after wall 1 facing 6.00, second tag after wall 2 facing 12.00 Note: Thank you to my good friend Adam, for helping me out when I got stuck.

[1-9] Vine with touch, side, behind, side, cross rock, side, cross with sweep, cross, 1/8, back with hitch

1-2&	(1) Step R to R. (2)	cross L behind R.	(&) step R to R 12.00
1-20		/ CI 033 L DEI III IU I 1,	(0) 3(0) 1\ (0 1\ 12.00

3& (3) touch L toes next to R, (&) step L to L 12.00

4&5 (4) Cross R behind L, (&) step L to L, (5) rock R across L 12.00

6&7 (6) Recover onto L, (&) step R to R, (7) cross L over R sweeping R from back to front 12.00 (8) Cross R over L, (&) turn 1/8 R stepping back on L, (1) step back on R hitching L 1.30

[10-16] Back, 1/8, cross, reversed rolling vine, sway R, sway L, R basic

2&3	(2) Step back on L, (&) turn 1/8 R stepping R to R, (3) cross L over R 3.00
4&	(4) Turn 1/4 L stepping back on R, (&) turn 1/2 L stepping fwd. on L 6.00

5-6 (5) Turn 1/4 L stepping R to R and sway R, (6) sway L 3.00 7-8& (7) Step R to R, (8) close L behind R, (&) cross R over L 3.00

[17-25] Side, behind, 1/8, chase 1/2 turn, fwd., full spiral turn, run fwd., rock step, back with sweep, back with sweep

1-2&	Step L to L.	(2) cross R behind L.	(&) turn 1/8 L	stepping fwd. on L 1.30

3-4& (3) Step fwd. on R, (4) turn 1/2 L - weight on L, (&) step fwd. on R angling your body prepping

for full spiral turn 7.30

5 (5) Step fwd. on L and make full spiral turn R 7.30

6& (6&) Run fwd. R, L 7.30

7-8-1 (7) Rock fwd. on R, (8) recover onto L sweeping R from front to back, (1) step back on R

sweeping L from front to back 7.30

NOTE: In this section - on wall 2, 4 and 6 (every time you start the dance facing 6.00) there is a step change to make it fit the chorus.

(7) Rock fwd. on R, (&) recover onto L, (8) step back on R, (&) step back on L No sweeping in the step change

[26-32] Behind, 1/4, fwd. with hitch, back, touch across, fwd. 3/8, cross, L basic

2&3	(2) Cross L behind R, (&) turn 1/4 R stepping fwd. on R, (3) step fwd. on L hitching R 10.30
4&5	(4) Step back on R, (&) touch L toes across R angling your body R to prep for turning 3/8, (5)

step fwd. on L and on ball of L make 3/8 L sweeping R 6.00

6 (6) Cross R over L 6.00

7-8& (7) Step L to L, (8) close R behind L, (&) cross L over R 6.00

TAG:

[1-8] R basic, L basic, sways

1-2&	(1) Step R to R, (2) close L behind R, (&) cross R over L 6.00
3-4&	(3) Step L to L, (4) close R behind L, (&) cross L over R 6.00

5-6 (5) Step R to R and sway R, (6) sway L 6.00 7-8& (7) Sway R, (8) Sway L, (&) drag R towards L 6.00

Ending: Last wall starts facing 12.00, dance the first 2 sections and after the R basic in section 2 just make 1/4 turn left stepping fwd. on L sweeping R from back to front.

