Shake a Hand



拍数: 32 墙数: 4 级数: High Beginner

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音乐: Shake a Hand - Nick Bukuvalas



No Tags Or Restarts

Intro 3 counts (start on the word "me")

Section 1: Side. Touch. Kick Ball Cross. Side. Drag. Cross Shuffle

1-2 Step right on right foot. Touch left beside right.

3&4 Kick left in left diagonal. Step left in place. Cross right over left.

5-6 Step left on left. Drag right towards left taking weight.

7&8 Cross left over right. Step right on right. Cross left over right.

Section 2: 1/4 Turn left. Side. Cross Shuffle. Side. Together. Forward Lock Step.

1-2 Turn ¼ left stepping back on right. Step left to left side.
3&4 Cross right over left. Step left on left. Cross right over left.
5-6 Step left on left foot. Step right beside left taking weight.

7&8 Step forward on left. Lock right behind left. Step forward on left.

Section 3: Rock Step. Shuffle ½ Turn back. Rock Step. Coaster Step.

1-2 Rock forward on right. Recover onto left.

3&4 Shuffle ½ over your right shoulder travelling back, stepping right, left, right.

5-6 Rock forward on left. Recover onto right.

7&8 Step back on left. Step right beside left. Step forward on left.

Section 4: Ball. Rock Step. Sailor Step. Sailor Step. Touch. Unwind ½ left.

&1-2 Step forward on ball of right foot. Rock forward on left. Recover onto right.

Cross left behind right. Rock right to right side. Recover onto left..Cross right behind left. Rock left on left foot. Recover onto right.

7-8 Touch left toes back. Unwind ½ left.

Ending: As the music is coming to an end, replace Touch. Unwind ½ left. (Count 7-8 of section 4) with: Touch. Unwind ¼ left to end facing the front wall.