# A Better Day



**拍数:** 32

**级数:** Beginner

编舞者: Dianne Borg (AUS) & Matt Coleman (AUS) - April 2022

**音乐:** Better Days - NEIKED, Mae Muller & Polo G

**墙数:**2



### #16 count Intro - No Tags. No restarts.

### Section 1: Side Touch, Left Shuffle, Vine Right with a touch.

- 1,2 Step RF to R side, Touch LF next to RF
- 3&4 Step LF to L side, Step RF next to LF, Step LF to L side
- 5-8 Step RF to R side, Step LF behind RF, Step RF to R side, Touch LF next to RF

# Section 2: Forward, Tap Behind, Back Touch, Grapevine Quarter Touch.

- 1,2 Step LF forward, Tap R Toe behind LF
- 3,4 Step RF back, Touch LF next to RF.
- 5-8 Step LF to L side, Step RF behind LF, Turn ¼ left (to 9:00) and step forward with the LF, Touch RF next to LF

# Section 3: Point Front, Point Side, Right Coaster, Point Front, Point Side, Left Coaster.

- 1,2 Point R toe to front, Point R toe to R side
- 3&4 Step RF back, Step LF next to RF, Step RF forward
- 5,6 Point L toe to front, Point L toe to L side
- 7&8 Step LF back, Step RF next to LF, Step LF forward

# Section 4: Right Touch, Shuffle Quarter Left. Walk, Walk, Out, Out.

- 1,2 Step RF to R Side, Touch LF next to RF
- 3&4 Step LF to L side turning 1/8th left (to 7:30), Step RF next to LF, Step LF to L side turning 1/8th left (to 6:00)
- 5,6 Walk RF forward, Walk LF forward
- 7,8 Step RF out to R diag., Step LF out to L diag.

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