# No Easy Way (P)

拍数: 64

级数: Partner

编舞者: Chester & Jac (UK) - April 2022

音乐: No Easy Way To You - Matt Castillo

#### Restart During 2nd repetition after count 56

Start in Closed Western Man facing LOD - Opposite footwork unless noted.

墙数:0

24 count Intro

#### FORWARD TOUCH, CHASSE, ROCK RECOVER, SHUFFLE

- 1-4 Man: Step forward on Lt. Touch Rt next to Lt. Chasse Rt. RLR Lady: Step back on Rt. Touch Lt next to Rt. Chasse Lt. LRL
- 5-8 Man: Rock back on Lt, recover on Rt ,shuffle forward LRL
  - Lady Rock forward on Rt, recover on Lt, shuffle back RLR

#### FORWARD TOUCH, CHASSE, ROCK RECOVER, SHUFFLE

- 9-12 Man: Step forward on Rt. Touch Lt next to Rt. Chasse Lt. LRL
  - Lady: Step back on Lt. Touch Rt next to Lt. Chasse Rt. RLR
- 13-16 Man Rock back on Rt, recover on Lt , shuffle forward RLR
  - Lady: Rock forward on Lt, recover on Rt , shuffle back LRL

#### VINE, TOUCH, VINE, TOUCH - (LADY ROLLING VINES)

Man: Step Lt to side, Rt behind, Lt to side, Touch Rt next to Lt Lady: Full turn Rt. Stepping RLR Touch Lt (Turning under Mans raised Lt arm)
Man: Step Rt to side, Lt behind, Rt to side, Touch Lt next to Rt Lady: Full turn Lt. Stepping LRL Touch Rt (Turning under Ladys raised Rt arm)

#### ROCK RECOVER, SHUFFLE ,(LADY 1/2 PIVOT, SHUFFLE) ROCK RECOVER, COASTER STEP

- 25-28 Man: Rock back on Lt, recover on Rt, Shuffle forward LRL LOD Lady: Step forward Rt, Pivot 1/2 turn Lt Shuffle forward RLR (Turning under Mans raised Rt arm ) LOD
- 29-32 Man: Rock forward on Rt, recover on Lt , Step Rt back, Lt together, Rt forward Lady: Rock forward on Lt, recover on Rt , Step Lt back, Rt together, Lt forward

#### Inside hand hold

#### TURN 1/8, TOUCH, SHUFFLE. TURN 1/8, TOUCH, SHUFFLE

- 33-36 Man: Step turning 1/8 Lt. Touch Rt . Shuffle forward RLR. LOD Lady: Step turning 1/8 Rt. Touch Lt . Shuffle forward LRL.
- 37-40 Man: Step turning 1/8 Lt. Touch Rt . Shuffle forward RLR Lady: Step turning 1/8 Rt. Touch Lt . Shuffle forward LRL.

#### 1/2 TURN, STEP BACK, SHUFFLE BACK, 1/2 TURN, STEP FORWARD, SHUFFLE

- 41-44 Man: 1/2 Turn Rt stepping back on Lt. Step back on Rt. Shuffle Back LRL RLOD Lady: 1/2 Turn Lt stepping back on Rt. Step back on Lt. Shuffle Back RLR RLOD
- 45-48 Man: 1/2 turn Lt stepping back on Rt Shuffle forward RLR LOD
  - Lady: Full turn stepping Lt Rt . Shuffle Back LRL RLOD

### Count 41 Release inside hands for the 1/2 turn, rejoin on shuffle

#### Count 45 Lady turns under Mans Lt into Double hand

## ROCK BACK RECOVER Stepping apart SHUFFLE 1/4 RT (LADY SHUFFLE 3/4 LT)

ROCK BACK RECOVER Stepping apart SHUFFLE 1/4 LT (LADY SHUFFLE 3/4 RT)

49-52 Man: Rock back on Lt recover on Rt. Triple 1/4 turn Rt OLOD Lady: Rock back on Rt recover on Lt. Triple 3/4 turn Lt ILOD





53-56 Man: Rock back on Rt recover Triple 1/4 turn Lt LOD

Lady: Rock back on Rt recover Triple 3/4 turn Rt RLOD

(Lady turns under both raised arms (Double Crossed hands Mans Rt on top.) (Count 56 resume Closed Western RESTART HERE 2nd REPETITION

#### ROCK RECOVER, SHUFFLE, WALK WALK SHUFFLE

- 57-60 Man: Rock back on Lt, recover on Rt, Shuffle forward LRL LOD Lady: Rock forward on Rt, recover on Lt , Shuffle back RLR
  61-64 Man: Walk forward Rt Lt. Shuffle forward RLR
  - Lady: Walk back Lt Rt. Shuffle back LRL

Start Again - April 2022