Physical EZ

拍数: 32

级数: Beginner

编舞者: Kim Duck Hwa (KOR) - April 2022 音乐: Physical - Dua Lipa

Tag : after wall 2(6:00),4(12:00)

Intro: 32Count

Section 1: Weave. Cross Rock. Side step touch

- 1-2 RF Cross step, LF Side step
- 3-4 RF Behind step, LF Side step
- 5-6 Cross Rock RF, Recover weight on LF
- 7-8 RF step right, LF touch beside RF

Section 2: Weave. Cross Rock. Side step touch

- 1-2 LF Cross step, RF Side step
- 3-4 LF Behind step, RF Side step
- 5-6 Cross Rock LF, Recover weight on RF
- 7-8 LF step left, RF touch beside LF

Section 3: Fwd Walk ×4. Out. Out. In. In

- 1-4 Step RF Fwd, Step LF Fwd, Step RF Fwd, Step LF Fwd
- 5-6 RF step right, LF step left
- 7-8 RF step in, LF next to RF

Section 4: 3/4 Paddle Turn. Charleston

- 1-2 1/8 Turn left touch RF to side, 1/4 turn left touch RF to side
- 3-4 1/4 Turn left touch RF to side, 1/8 turn left touch RF to side (3:00)
- 5-6 Step RF fwd, kick LF fwd,
- 7-8 Step back on LF, Point RF backwards

Tag: after wall 2(6:00), 4(12:00) : V-step. Sway

- 1-2 RF Step forward diagonal right, LF step forward diagonal left
- 3-4 RF Step back, LF step back
- 5-8 (while put your RF to the right) Sway R, L, R, L

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墙数:4