El Negrito

拍数: 32

级数: Improver

编舞者: Patricia Soran (AUT) - April 2022

音乐: El Negrito - Gente de Zona & Carlos Vives

Intro: 16 Counts - No tags, no restarts!

COUNTS 1-8: CROSS POINT, SIDE POINT, BEHIND-SIDE-CROSS, ¼-VOLTA-TURN RIGHT, CROSS-SIDE-ROCK

- 1-2 Point RF over LF; Point RF to side
- 3&4 Cross RF behind LF; Step to side with LF; Cross RF over LF
- 1/4-turn right (3:00) in a circle: Step to side with LF (&); Cross RF over LF (5), Repeat (&6) &5&6
- Cross LF over RF; Rock to side with RF; Recover on LF 7&8

COUNTS 9-16: 2x PADDLE-TURN LEFT, CROSS-SHUFFLE, SIDE ROCK, CROSS BEHIND, ¼-TURN **RIGHT, STEP FWD. L**

- 1/4-turn left (12.00) and point RF to side; Repeat (9:00) 1-2
- Cross RF over LF; Step LF near behind RF; Cross RF over LF 3&4
- 5-6 Rock to side with LF; Recover on RF
- Cross LF behind RF; 1/4-turn right (12:00) and step RF fwd.; Step fwd. with LF 7&8

COUNTS 17-24: MAMBO FWD. + BACK, V-STEP

- 1&2 Rock fwd. with RF, Recover on LF; Step back with RF
- 3&4 Rock back with LF; Recover on RF, Step fwd. with LF
- 5-8 Step diagonally fwd. with RF; Step diagonally fwd. with LF; Step diagonally back with RF back to center; Step together with LF

COUNTS 25-32: MODIFIED JAZZ TRIANGLE WITH ¼-TURN RIGHT, 4x SWAY

- 1-2 Cross RF over LF; 1/4-turn right (3:00) and step back with LF
- &3-4 Step together with RF (&); Cross LF over RF (3); Point RF to side (4)
- 5-8 Take weight on RF (feet shoulder width apart) and sway R-L-R-L (end with weight on LF)

ENJOY!

Email: patricia.soran@linea7.com





墙数:4