

# Back In The Day

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Phil Carpenter (UK) - 21 April 2022  
音乐: Let's Just Dance - Michael Ball : (CD: We Are More Than One: iTunes)



## #32 COUNT INTRO.

### SECTION 1: TAP RIGHT FOOT IN PLACE, RIGHT KICK FORWARD, RIGHT STEP BACK, LEFT FOOT HOOK/HITCH INFRONT OF RIGHT, LEFT LOCK STEP WITH SCUFF.

- 1-2      Tap Right Foot in Place, Kick Right Foot Forward.
- 3-4      Right Foot Step Back, Left Foot Hook/Hitch in front of Right. (W.O.R.),
- 5-6      Left Foot Step Forward, Lock Right Foot Behind Left.
- 7-8      Left Foot Step Forward, Scuff Right Foot Forward.

### SECTION 2: RIGHT LOCK STEP FORWARD WITH SCUFF, LEFT FOOT STEP SIDE LEFT & SWAY HIPS LEFT, RIGHT, LEFT.

- 9-10      Right Foot Step Forward, Lock Left Foot Behind Right.
- 11-12      Right Foot Step Forward, Scuff Left Foot Forward.
- 13-14      Left Foot Step to Left side & Sway Hips Left, Sway Hips Right.
- 15-16      Sway Hips Left, Sway Hips Right.

**RESTART DANCE AT THIS POINT DURING WALLS 4, 7 & 11 (QUICKLY CHANGE WEIGHT TO LEFT FOOT)**

### SECTION 3: LEFT FOOT STEP FORWARD, ½ PIVOT TURN RIGHT, LEFT STEP FORWARD, HOLD, RIGHT JAZZ BOX TURNING ¼ RIGHT WITH CROSS.

- 17 - 18      Left Foot Step Forward, 1/2 Pivot Turn Right (6.00).
- 19 - 20      Left Step Forward, Hold. (W.O.L.).
- 21 - 22      Right Cross Over Left, Left Step Back.
- 23 - 24      Right Step Forward Turning ¼ Right, Cross Left Foot over Right. (9.00).

### SECTION 4: RIGHT SIDE ROCK, RECOVER, CROSS RIGHT INFRONT OF LEFT, HOLD. HINGE ½ TURN RIGHT, LEFT FOOT CROSS, HOLD.

- 25-26      Right Side Rock, Recover Weight Left.
- 27-28      Right Cross In front of Left, Hold.
- 29-30      Turn ¼ Right Stepping Left Back, Turn ¼ Right Stepping Right To Side. (3.00)
- 31-32      Cross Left Over Right, Hold. (W.O.L.)

**REPEAT DANCE FACING NEW WALL - ENJOY AND HAVE FUN**

**Choreographers Note: Restart Required during Wall 4, 7 & 11, Dance Steps 1 – 16 only**

**Phil's Big Finish: Wall 18: dance steps 1- 5,  
Then: ½ Turn Left, stepping back on Right, Touch Left forward, Arms Out Ta Dah.**