You Are The First The Last My Everything



拍数: 64 墙数: 2 级数: High Improver

编舞者: Sally Hung (TW) - April 2022

音乐: You're My First, My Last, My Everything - Michael Bublé



SOD: Tag after Wall 2 & Wall 4, facing 12:00, Restart after finishing 56 counts of Wall 5, facing 6:00.

Intro: 8 counts from heavy beat

TAG (8 COUNTS) SIDE, RECOVER, CROSS, HOLD & CLAP

1-4 Rock R to R side, Recover onto L, Cross R over L, Hold and clap
5-8 Rock L to L side, Recover onto R, Cross L over R, Hold and clap

MAINDANCE (64 COUNTS)

S1. STEP, LOCK, STEP, LOCK, STEP, FWD ROCK, RECOVER, 1/2 L, BRUSH

1,2,3&4 Step R fwd, Lock L behind R, Step R fwd, Lock L behind R, Step R fwd

5,6,7,8 Rock L fwd, Recover onto R, 1/2 turn L stepping L fwd, Brush R

S2. SWAY RLRL, FWD, KICK, BACK, FLICK

1,2,3,4 Step R fwd to R diagonal and sway to RLRL 5,6,7,8 Step R fwd, Kick L, Step back on L, Flick R

S3. SIDE ROCK, RECOVER, CROSS, HOLD & CLAP, 1/4 R, 1/4 R, FWD, POINT

1,2,3,4 Rock R to R side, Recover onto L, Cross step R over L, Hold and clap

5.6,7,8 1/4 turn R stepping back on L, 1/4 turn R stepping R fwd, Step L fwd, Touch R toe to R side

S4. BACK ROCK, RECOVER, CROSS, POINT, BEHIND, POINT, STEP, PIVOT 1/4 TURN L

1,2,3,4 Rock back on R, Recover onto L, Cross R over L, Touch L toe to L side 5,6,7,8 Cross L behind R, Touch R toe to R side, Step R fwd, Pivot 1/4 turn L

S5. R DIAGONAL FWD SIDE, TOGETHER, SIDE, TOUCH, L DIAGONAL FWD SIDE, TOGETHER, SIDE, TOUCH

Step R to side diagonally fwd(facing 7:30) , Step L together, Step R to R, Touch L beside R
 Step L to side diagonally fwd(facing 10:30) , Step R together, Step L to L, Touch R beside L

S6. R DIAGONAL BACK TO SIDE, TOGETHER, SIDE, TOUCH, L DIAGONAL BACK TO SIDE, TOGETHER, SIDE, TOUCH

Step R diagonally back to to R, Step L together, Step R to R, Touch L beside R
 Step L diagonally back to L, Step R together, Step L to L, Touch R beside L

S7. STEP, 3/8 L, STEP TOGETHER, ROCKING CHAIR

1-4 Rock R to side, 3/8 L Square to 6:00(facing 6:00), Step R beside, Step L in place

5-8 Rock R fwd, Recover onto L, Rock back on R, Recover onto L

S8. STEP, PIVOT 1/2 TURN L, FWD, HOLD, STEP, PIVOT 1/2 TURN R, FWD, HOLD

1-4 Step R fwd, Pivot 1/2 turn L, Step R fwd, Hold, Step L fwd, Pivot 1/2 turn R, Step L fwd, Hold

Happy Dancing!

Contact Sally Hung: hung1125@gmail.com

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