

Better With a Broken Heart

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Nini (INA) & Duma Kristina S (INA) - May 2022
音乐: Better With A Broken Heart (feat. T.J. Osborne) - Jillian Jacqueline



Sequence : 48,24,48,36,48,12,48,36,30,48,48,18

Sec 1 Cross, Touch, Back, Sweep, Back Twinkle

123 Cross LF over RF, Touch RF to R side, Hold
456 Step RF back, Step LF to L side, Step RF to R side

Sec 2 Back, Sweep, Behind, side, cross

123 Step LF back, Sweep RF in 2 counts
456 Step RF behind LF, Step LF to L side, Cross RF over LF

***Restart here on wall 6 (start facing 12.00)**

Sec 3 Lunge, Rolling Vine

123 Long step LF side, look over L shoulder and bend LF knee down, Point RF to R side (in 2 count).
456 1/4 turn R Step RF in place (3.00) 1/2 turn R Step LF back(9.00) 1/4 turn R Step RF to R side (12.00)

Optional styling:

Put both hand palm on the chest while doing the Lunge - Listening for lyrics "Broken Heart" on Wall 4,8,10

Sec 4 3/8 Turn L Diamond

123 Cross LF over RF, 1/8 turn L Step RF diagonally back (10.30), Step LF back
456 Step RF back, 1/4 turn L Step LF diagonally forward (4.30) Step RF forward

***Restart here on Wall 2 (Start facing 12.00)**

Sec 5 Develope, Back Drag

123 Step LF forward, Hitch R and low kick RF forward (still facing 4.30)
456 Step RF back, Drag LF toward RF

***Restart here on wall 9 (start facing 12.00)**

Sec 6 Forward, Sweep, 1/8 L squaring, Hinge 1/2 Turn

123 Step LF forward with Sweep R out, squaring to 6.00 (in 2 counts)
456 Cross RF over LF, 1/4 turn R Step LF back, 1/4 turn R Step RF to R side (12.00)

Restart here on wall 4 & 8 (Start facing 06.00)

Sec 7 Twinkle brush L-R

123 Cross LF over RF, Step RF to R side, Step LF in place
456 Cross RF over LF, Step LF to L side, Step RF in place

Sec 8 Forward, 1/2 Turn L, Basic Waltz, Basic Back Waltz

123 Step LF forward, 1/2 turn L Close RF together (6.00) Step LF slightly back
456 Step RF back, Close LF together, Step RF slightly forward

Restart on Wall 2,4,6,8,9

Happy dancing : Dksiagian20@gmail.com

Last Update - 15 May 2022

