

Bad Habits

拍数: 32 墙数: 4 级数: Improver
编舞者: Lynne Hoover (USA) - May 2022
音乐: Bad Habits - Ed Sheeran



Intro: 40 counts, start on the word "late" when heavy beat kicks in

TAG: End of wall 5 facing 3:00 - 4 count Right Jazz Box

HEEL HOOK, ½ L TURNING SHUFFLE, HEEL HOOK, ½ R TURNING SHUFFLE

1-2 Touch R heel fwd, then up and over in front of left leg
3&4 Shuffle RLR making ½ turn to left (or side shuffle RLR)
5-6 Touch L heel fwd, then up and over in front of right leg
7&8 Shuffle LRL making ½ to right (or side shuffle LRL)

SIDE STEP, TOUCH-CLAP, ½ TURN RIGHT w/TOUCH-CLAP, REPEAT

1-2 Step out to right, left foot touch and clap
3-4 Pivot on R foot and make ½ turn to right, step on left, R foot touch and clap
5-6 Step out to right, left foot touch and clap
7-8 Pivot on R foot and make ½ turn to right, step on left, R foot touch and clap

ROCK FWD, ¼ TURN R SHUFFLE, ROCK FWD, ½ TURN L SHUFFLE

1-2 R foot steps forward, recover on to L
3&4 Shuffle RLR making ¼ turn right
5-6 L foot steps forward, recover on to R
7&8 Shuffle LRL making ½ turn left

SHUFFLE BACK, TURNING ½ L SHUFFLE, STEP TOUCH/CLAP, STEP TOUCH/CLAP

1&2 Shuffle back RLR
3&4 Shuffle LRL making ½ turn left
5-6 Step diagonally forward on R, left foot touch and clap
7-8 Step diagonally back on L, right foot touch and clap

REPEAT
