A Million and One

拍数: 32

级数: Improver

编舞者: Hiroko Carlsson (AUS) - May 2022

音乐: A Million and One - Connie Smith : (Apple Music/Deezer/Spotify)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Start dancing on the word "Teardrops" of the lyrics)

[S1] Fwd Rock-&-Back-Back, Back-Rock-&-Fwd-Fwd

- Rock forward on R, Replace weight on L, Step slightly back on R 1 2&
- 34 Step back on L, Step back on R
- 5 6& Rock back on L, Replace weight on R, Step slightly forward on L
- Step forward on R, Step forward on L 78

[S2] Step-Pivot 1/2L-Roll Fwd, &-L Rocking Chair-&

- 12 Step forward on R, Make a 1/2 turn left recover weight on L (6:00)
- 34 Make a 1/2 turn left stepping back on R, Make a 1/2 turn left stepping forward on L (6:00)
- &56 Step R next to L, Rock forward on L, Replace weight on R
- 78& Rock back on L, Replace weight on R, Step R next to L

[S3] Side Rock-Behind-Side-Cross, Side Rock, Behind, 1/4R

- 12 Rock R to the right, Recover weight on L
- 3 4& Step R behind L, Step L to the side, Cross R over L
- 56 Rock L to the left, Recover weight on R
- 78 Step L behind R, Make a 1/4 turn right stepping forward on R (9:00)

[S4] Step-Pivot 1/2R-&, Step-Paddle 1/4L-&, Step-Pivot 1/2R, Fwd-Drag

- 1 2& Step forward on L, Make a 1/2 turn right recover weight on R, Step forward on L (3:00)
- 34& Step forward on R, Make a 1/4 turn left recover weight on L, Step forward on R (12:00)
- 56 Step forward on L, Make a 1/2 turn right recover weight on R (6:00)
- 78 Long step forward on L, Drag R close to L (weight on L)

Ending suggestion: The last wall starts facing 12:00, dance up to S2 count 6 (6:00). Then, Make a 1/2 turn left stepping forward on L, Drag R close to L (12:00)

Updated: 25/May/22





墙数:2