

Shake It For Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Amy Christian (USA) - May 2022
音乐: Country Girl (Shake It for Me) - Luke Bryan



Intro: 32 counts. (No tags or restarts).

BUMP R, BUMP L, DOUBLE BUMP R, BUMP L, BUMP R, DOUBLE BUMP L,

1-2	Bump R, Bump L,
3&4	Double Bump R,
4-5	Bump L, Bump R,
7&8	Double Bump L,

ROCKING CHAIR, 1/8 PIVOT TURN LEFT X 2 WITH HIP ROLLS,

1-4	Rock forward on R, Recover back on L, Rock back on R, Recover forward on L,
5-6	Step diagonally forward on R, Recover on L, [10:30] (roll hips CCW),
7-8	Step diagonally forward on R, Recover on L, [9:00] (roll hips CCW),

CROSS, POINT, CROSS, POINT, BACK, POINT, BACK, POINT,

1-4	Step R over L, Touch L out to left side, Step L over R, Touch L out to right side,
5-8	Step back on R, Touch L out, Touch back on L, Touch R out,

WEAVE TO THE LEFT, BIG STEP TO RIGHT, TOGETHER, STOMP OUT R, STOMP OUT L,

1-4	Step R across L, Step L to left side, Step R behind L, Step L to left side,
5-6	Take a big step to right on R, Drag L and step L next to R,
7	Stomp R out to right side (R hand slaps butt, leaving hand there, for that first eight with bumps),
8	Stomp L out to left side, (L hand slaps butt, leaving hand there for that first eight with bumps),

START OVER!

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