

Wind In My Sails

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Maggie Gallagher (UK) - May 2022
音乐: Wind in My Sails - Victor Crone : (Amazon & iTunes)



Intro: 16 counts, start on vocals

S1: SIDE TOUCH, SIDE TOGETHER, FORWARD, R MAMBO, BACK, COASTER STEP, SCUFF

1&2& Step right to right side, Touch left next to right, Step left to left side, Step right next to left
3 Step forward on left
4&5 Rock forward on right, Recover on left, Step slightly back on right
6 Walk back on left
7&8& Step back on right, Step left next to right, Step forward on right, Scuff left forward

S2: L LOCK STEP, STEP ¼ CROSS, ¼ ¼ CROSS, KICK STEP, KICK STEP

1&2 Step forward on left, Lock right behind left, Step forward on left
3&4 Step forward on right, ¼ pivot left, Cross right over left [9:00]
5&6 ¼ right stepping back on left, ¼ right stepping right to right side, Cross left over right [3:00]
7&8& Kick right forward on right diagonal, Small step right to right side, Kick left to right diagonal, Step left next to right

S3: R RUMBA BOX, ½ SHUFFLE, ½ SHUFFLE

1&2 Step right to right side, Step left next to right, Step forward on right
3&4 Step left to left side, Step right next to left, Step back on left
5&6 ¼ right stepping right to right side, Step left next to right, ¼ right stepping forward on right [9:00]
7&8 ¼ right stepping left to left side, Step right next to left, ¼ right stepping back on left [3:00]

S4: ¼ CROSS, SIDE, BACK ROCK, SIDE, BEHIND SIDE CROSS SIDE, BEHIND SIDE TOUCH

&1-2 ¼ right stepping right to right side, Cross left over right, Step right to right side [6:00]
3&4 Rock back on left behind right, Recover on right, Step left to left side
5&6& Cross right behind left, Step left to left side, Cross right over left, Step left to left side
7&8 Cross right behind left, Step left to left side, Touch right next to left
*Restart Wall 2

S5: & POINT & POINT & CROSS SHUFFLE, ¼, ¼ SIDE ROCK, CROSS, SIDE/Drag

&1&2 Step right to right side, Point left toe across right, Step left to left side, Point right toe across left
&3&4 Step right to right side, Cross left over right, Step right to right side, Cross left over right
5-6& ¼ right stepping forward on right, ¼ right rocking left to left side, Recover on right [12:00]
7-8 Cross left over right, Take long step to right side dragging left to meet right

S6: BEHIND, SIDE, STEP, CROSS, ¼, ¼, L SHUFFLE

1-2 Cross left behind right, Step right to right side
3-4 Step forward on left, Cross right over left
5-6 ¼ right stepping back on left, ¼ right stepping forward on right [6:00]
7&8 Step forward on left, Step right next to left, Step forward on left

***RESTART: After 32 counts of Wall 2 facing [12:00]**

ENDING: Dance 32 counts of Wall 6, then step down on right (&) and step forward on left (1) to finish facing [12:00]

Thank you to Margaret Hains for suggesting the music

Dedicated to Anthro Line Dance Club, France

Maggie Gallagher - +44 7950291350

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