Don't Overthink It

级数: Improver

编舞者: Chris Jacques (USA) - June 2022

音乐: Just Wanna Dance - Spencer Ludwig

Restarts: 2 Tags: 0

Intro: 16 counts, Starting on vocals

拍数: 32

[1-8] Cross-Point, Weave L, Hold, Ball-Cross, Shuffle 1/4L

- 1, 2 Cross L over R (1), Point R to R side (2)
- 3&4 Step R behind L (3), Step L to L side (&), Cross R over L (4)
- 5&6 Hold (5), Step Ball of L next to R (&), Cross R over L (6)
- 7&8 Turn ¼L, Shuffling L (7), R (&) L (8) facing 9:00

[9-16] Mambo Forward, Back, Back w/ drag, Ball-Step, V-Step

- 1&2 Rock forward on R (1), Recover weight L (&), Step back on R (2)
- 3, 4 Step back on L (3), Step back on R, dragging L toe (4)
- 5&6 Hold (5), Step Ball of L next to R (&), Step R forward (6)
- 7&8& Step forward and out on L (7) Out on R (&) Back on L (8) R next to L (&) facing 9:00

Restarts here on rotation 2 (facing 12:00) and 5 (facing 3:00)

[17-24] Step-Hitch ¼ L (x2), Coaster Step, Lock step Forward

- 1, 2 Step Forward on L (1), Hitch R, making ¼L turn (2)
- 3, 4 Rotate 1/8 L, stepping back on R (3), Hitch L, making 1/8 L turn (4)
- 5&6 Step back on L (5), Step R next to L (&), Step forward on L (6)
- 7&8 Step forward on R (7), Lock L behind R (&), Step forward on R (8) facing 3:00

[25-32] Forward hip bumps, Kick & Point, Hip Bumps

- 1&2 Step L forward and bump L hip forward (1), Back (&), Forward (2)
- 3&4 Step R forward and bump R hip forward (3), Back (&), Forward (4)
- 5&6& Kick L forward (5), Step ball of L next to R (&), Point R to R side (6) Step R next to L (&)

7&8& *Touch ball of L slightly forward, bumping hips L (7), R (&), L (8), R (&) – weight R, facing 3:00

*Make it yours, have fun with these counts. Like the song says, JUST DANCE!

Ending: On 10th rotation, dance ends after 18 counts. Step-hitch without 1/4L. Already on 12:00.





墙数:4