

Melody

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - June 2022
音乐: Melody - Sigala : (Amazon / Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Dance starts with lyrics)

[S1] Step/Hitch-Run Fwd, Step/Hitch-Run Fwd, Fwd Rock-Out-Out-Heel Bounce R-L-&-

- 1 2& Step forward on R and hitch L knee, Run forward on L-R
- 3 4& Step forward on L and hitch R knee, Run forward on R-L
- 5 6 Rock forward on R, Replace weight on R
- &7 Step R out to the side, Step L out to the side
- &8& Bounce R heel on the spot, Bounce L heel on the spot, Step R in place

[S2] -Together-Heel Swivel-Tap, 2x (Hop 1/4L/Kick-Recover-Tap), Fwd Rock-

- 1&2& - Step L together, Twist both heels to the right, Twist/replace to the centre, Tap R next to L (9:00)
- 3 4& Make a 1/4 turn left hopping back on R/kick forward on L, Step L in place, Tap R next to L (9:00)
- 5 6& Make a 1/4 turn left hopping back on R/kick forward on L, Step L in place, Tap R next to L (6:00)
- 7 8 Rock forward on R, Replace weight on L (prep for 1/4R turn)

[S3] 1/4R, Syncopated Weave 1/4R-Pivot 1/2R, Chase Turn R-Back-Side

- 1 2& Make a 1/4 turn right stepping R to the side, Cross L over R, Step R to the side (9:00)
- 3& Step L behind R, Make a 1/4 turn right stepping forward on R (12:00)
- 4 5 Step forward on L, Make a 1/2 turn right recover weight on R (6:00)
- 6& Step forward on L, Make a 1/2 turn right recover weight on R (12:00)
- 7 8 Make a 1/2 turn right stepping back on L, Step R to the side (6:00)

[S4] Heel Twist, L Foot Walk In, 1/4R Toe Swivel Turn, Body Roll, Back-Back, Touch

- 1 2 Twist both heels to the right, Twist/replace to the centre
- &3 4 Swivel L heel in, Swivel L toe in, Swivel R toe to the right making a 1/4 turn right (9:00)
- 5 6& Starting a body roll from head to toe (5 6), Finish body roll stepping back on R (&)
- 7 8 Step back on L, Touch R next to L

No tags or restarts

The dance finishes at 6 o'clock. Make a sharp 1/2L turn stepping back on R (12:00)

(updated: 8/June/22)