

The Pride Walk

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Gregory F. Huff (USA) - June 2022
音乐: I'm Coming Out - Diana Ross : (5:25 MINUTE ALBUM VERSION)



#96 count intro. Freestyle through intro of song. Start dance at :52

WALK, WALK, SHUFFLE, ROCK STEP COASTER

- 1-2 Step forward right, step forward left
- 3&4 Step right foot forward, step left next to right, step right foot forward
- 5-6 Rock forward as you step forward on your left, rock back on your right
- 7&8 Step left foot back, step right next to left, step left foot forward

1/4 RIGHT TURNING JAZZ BOX, HIP BUMPS

- 1-2 Cross right foot over left, step left foot back
- 3-4 Step right foot 1/4 turn to the right, step left next to right
- 5&6 Step right foot to the right as you bump your hips right, left, right
- 7&8 Bump your hips left, right, left, ending with your weight on your left foot

GRAPEVINE, ROLLING VINE, CLAP TWICE

- 1-4 Step right foot to the right side, cross left foot behind right, step right foot to the right, touch left foot next to right
- 5-6 Step left foot 1/2 turn on the left side, step right foot next to left
- 7&8 Step left foot 1/2 turn on the left side, clap, clap as you step right foot next to left

SHIMMY LEAN, RIGHT 1/4 TURN STEP, WALK, WALK, CROSS, HEEL PIVOT

- 1-2 Shimmy your shoulders as you: step left foot to the left side, touch right toe behind you as you lean forward
- 3-4 Shimmy your shoulders as you: stand up straight while you step your right foot 1/4 turn right, step left next to right
- 5-6 Walk forward right, left
- 7-8 Press your right forefoot behind your lower left calf, pivot your left heel 1/4 turn right
(optional styling: when you pivot your heel, tilt your head back and press the back of either open hand against your forehead).

***3 restarts:

After completing first 16 counts, restart dance at wall 3 (1:36), wall 6 (2:37), wall 9 (3:39)

Add your own style & have fun!!

Gregory F. Huff © 6/2022
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