

Pickup

拍数: 16 墙数: 4 级数: Beginner
编舞者: Alida McGee-Thomas (USA) - June 2022
音乐: Pickup - MacKenzie Porter



No tags no restarts

Heel heel, out out in in, heel heel, slide [1st 8 count]

- 1,2 With Weight on left foot use right foot for 2 heel touches
&3&4 Bring right foot out to right side, step left foot out to left side, step right foot in, close left foot to right foot
5,6 Being left foot out for 2 heel touches
7,8 Take a step with left foot to the left, drag right foot together with left

Step forward, step to right, step forward, quarter turn. [2nd 8 count]

- 1,2 Take a Step forward with left foot, close right foot to left with a point
3,4 Take a Step right foot out to the right side, step left foot to right foot with a point
5,6 Take a Step with left foot forward and close right foot to left with a point
7,8 Take a step back with right foot preparing for a $\frac{1}{4}$ turn, step left foot together with right making that $\frac{1}{4}$ complete. (3:00)

Have fun and enjoy this cute beginner dance!
