In The Morning Light



拍数: 32 编数: 2 级数: Intermediate

编舞者: Myra Harrold (SCO) - June 2022

音乐: Have You Ever Been In Love - Leo Sayer



Intro: 16 Counts

SECT:1 ROCK, FULL TURN, SWEEP, WEAVE, ROCK, RECOVER & CROSS, 3/4, FWD, 1/2, STEP

1,2&3 Rock Rf Fwd,Recover To Lf,Pivot 1/2 R,Rf Fwd,Lf Slightly Fwd,Pivot 1/2 R,Sweeping Rf (12) 4&5,6&7 Rf Behind Lf,Lf To L,Cross Rock Rf Over Lf,Recover To Lf,Rf To R,Cross Lf Over Rf (12)

&8&1 Pivot 1/4 L,Rf Back,Pivot 1/2 L,Lf Fwd,Rf Fwd,Pivot 1/2 L,Lf Fwd (9) (Easier Option For Counts &8&1 - Rf To R, Lf Cross, Rock Rf To R,Pivot 1/4 L,Lf Fwd)

SECT: 2 MAMBO LEAN BACK.BALL 1/4 LEAN BACK.BALL 3/4.SWAYS

2&3,4&5 Rock Rf Fwd,Recover To Lf,Rock/Lean Back On Rf ,Lf Fwd,Turn 1/4 L,Rf Back,Rock/Lean

Back On Lf (6)

6&7,8&1 Rf Fwd,Pivot 1/2 R,Lf Back,Pivot 1/4 R,Rock/Sway Rf To R,Quick Rock/Sways L,R,L (3)

SECT:3 WEAVE L,SWEEP, WEAVE R, HITCH 1/8.RUN FWD R, L, R, LIFT, RUN BACK, L, R, L, SWEEP R

2&3,4&5 Rf Over Lf,Lf To L,Rf Behind Lf,Sweep Lf,Lf Behind Rf,Rf To R,Lf Over Rf,Hitch Rf,Pivot 1/8

L (1.30)

6&7,8&1 Run Fwd On Rf,Lf,Rf Rock Fwd Up On Balls Of Feet,Run Back On Lf,Rf,Lf,Sweep Rf (1.30)

SECT:4 BACK, SWEEP, BEHIND, SIDE, CROSS, HITCH, CROSS, 3/4 TURN, 3/4 TURN, ROCK, RECOVER

2,3&4 Rf Back,Sweep Lf Turning 1/8 L,Lf Behind Rf,Rf To R,Cross Lf Over Rf,Hitch Rf (12) 5&6&7,8 Cross Rf Over Lf,Pivot 1/4 R,Lf Back,Pivot 1/2 R,Rf Fwd,Pivot 1/2 R,Lf Back,Pivot 1/4

R,Rock Rf To R,Recover Lf To L (6) (Easier Option - Cross,1/2 Turn,Step

Together, Rock, Recover)

***3 EASY TAGS

TAG 1-END OF WALL 2 FACING 12 O.CLOCK -

1,2&3,4&- Rock Rf Across Lf,Recover Lf,Rf To R,Rock Lf Across Rf,Recover Rf,Lf To L

TAG 2-END OF WALL 3 FACING 6 O.CLOCK -

1,2 - Sway R,Sway L

TAG 3-END OF WALL 4 FACING 12 O.CLOCK -

1.2&3.4& - SAME AS TAG 1

The dance ends on the sways facing 3 o.clock.turn 1/4 left on LF,pivot 1/2 L,RF back,pivot 1/2 L,RF fwd, tah dah