Mi Jukebox

拍数: 32

级数: Beginner

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音乐: Jukebox Jump - Si Cranstoun

DIG TOE RIGHT AND LEFT, KICK X 2, STEP BACK, TOGETHER

- 1-2 RF touch forward, RF next to LF
- 3-4 LF touch forward, LF next to RF
- 5-6 RF kick forward, RF kick forward
- 7-8 RF back, LF next to RF

STEP, SCUFF, STEP SCUFF, JAZZBOX CROSS ¼ TURN RIGHT

- 1-2 RF step forwad, LF scuff
- 3-4 LF step forward, RF scuff
- 5-6-7-8 RF cross over LF, LF back, RF forward ¼ turn right, LF cross over right

GRAPEVINE WITH 1/4 TURN RIGHT, HEEL FORWARD RIGHT AND LEFT

- 1-2 RF to right side, LF behind RF
- 3-4 1/4 turn right RF forward, LF forward
- 5-6 RF heel forward (snap hand right), RF next to LF
- 7-8 LF heel forward (snap hand right), LF next to RF

OUT- OUT IN- IN, RIGHT AND LEFT KNEE POPS

- &-1-2 RF diagonal forward, LF diagonal forward, hold
- &-3-4 RF back slightly to center, LF back slightly to center, hold
- 5 Raise right heel by bending right knee, return to starting position
- 6 Raise left heel by bending right knee, return to starting position
- 7 Raise right heel by bending right knee, return to starting position
- 8 Raise left heel by bending right knee, return to starting position

Option arms:

&-1-2	open a little your arms
&-3-4	close your arms over your chest
5-6-7-8	left hand on the waist, point with the right arm from the center to the right

Have fun!

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Last Update - 16 Dec. 2022 - R2





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墙数:2