

Lost In Your Serenade

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Easy Intermediate
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音乐: Lost In Your Serenade - Willow : (Album: Out Of My Hands)



Introduction : 16 Beats

Original Position: Feet Together Weight On The Left Foot.

SIDE, TOGETHER, SIDE SHUFFLE, ACROSS, ROCK, 1/4 FORWARD, FORWARD

1, 2 Step R To The Side, Step L Together,
3&4 Side Shuffle To The Right Step : R-L-R,
5, 6 Step L Across In Front Of Right, Rock Onto R,
7, 8 Turn 90° Left Step L Forward, Step R Forward. (9.00)

SIDE, ROCK, BEHIND-SIDE-ACROSS, 1/4 BACK, 1/4 FORWARD, LOCK SHUFFLE FORWARD

1, 2 Step L To The Side, Side Rock Onto R,
3&4 ## Step L Behind Right, Step R To The Side, Step L Across In Front Of Right,
5, 6 Turn 90° Left Step R Back, Turn 90° Left Step L Forward, (3.00)
7&8 Lock Shuffle Forward Step : R-L-R. (3.00)

PIVOT TURN, 1/4 SIDE SHUFFLE, BACK, ROCK, KICK BALL ACROSS

1, 2 Pivot : Step L Forward, Turn 180° Right Take Weight Onto R, (9.00)
3&4 Turn 90° Right Side Shuffle To The Left Step : L-R-L, (12.00)
5,6 Step R Back, Rock Forward Onto L,
7&8 Kick R Forward, Step R Back, Step L Across In Front Of Right. (12.00)

HIP, HIP, SAILOR STEP, BACK, ROCK, PADDLE TURN

1, 2 Step R To The Side Push Hips Right, Push Hips Left,
3&4 Sailor : Step R Behind Left, Step L To The Side, Step R To The Side,
5, 6 Step L Back, Rock Forward Onto R,
7, 8 Paddle : Step L Forward, Turn 90° Right Take Weight Onto R. (3.00)

ACROSS, ROCK, SIDE SHUFFLE, ACROSS, ROCK, SIDE SHUFFLE ¼ TURN

1, 2 Step L Across In Front Of Right, Rock Onto R,
3&4 Side Shuffle To Left Step:L-R-L,
5, 6 Step R Across In Front Of Left, Rock Onto L,
7&8 Turn 90° Right Shuffle Forward Step : R-L-R. (6.00)

PADDLE TURN, SHUFFLE ACROSS, SIDE, HOLD, BEHIND-SIDE-ACROSS

1, 2 Paddle : Step L Forward, Turn 90° Right Take Weight Onto R, (9.00)
3&4 Shuffle Left Across In Front Of Left Step : L-R-L,
5, 6 Step R To The Side, Hold,
7& Step L Behind Right, Step R To The Side,
8 Step L Across In Front Of Right. (9.00)

[48] REPEAT THE DANCE IN NEW DIRECTION

RESTARTS : On WALL 3 & WALL 6 dance to BEAT 14 (##), ADD the following & RESTART facing 3.00 & 6.00 respectively.

1, 2 Step R To The Side, Side Rock Onto L,
3, 4 Step R Back, Rock Forward Onto L.

