# Clingy



编舞者: AJ Franks (USA) - June 2022

音乐: I Can't Let U Go - Usher



# \*\*\*start on singing vocals \*\*\*, no tags 1 restart

### Heel grinds, hip bumps, coaster step

1&2. Step right heel forward while grinding it toward the right, step left foot in place, close right foot

to left

3&4. Step left heel forward while grinding it toward the left, step right foot in place, close left foot to

right

5,6. Step right foot out making a ¼ to the left(9:00) doing a hip bump, do another hip bump

7&8. With weight on right step left foot back, step right foot close to left, step left foot forward (then

pause for a beat, it flows with the music)

# Walks, heel fling, walk, heel fling, shuffle, walk back

1&2. Walk forward diagonally with your right foot walk forward with your left, fling your right heel up

(in front of you to your left side)

3&4 Walk forward with your right foot to the right making a ¼ turn (facing 12:00), bring left foot

behind right, step right foot forward and at the same time fling left heel up behind you

5&6. Step left foot forward, bring right foot behind left, step left foot forward 7&8. Step right foot backwards, step back with your left, step right foot back

#### Step kick, step kick, half turn, switch step, point point

1,2. Step forward with your left, kick right foot forward

3.4. Step right foot back, kick left foot back (like a push kick to the back)

&5&6. With your left leg still up make a ½ turn to the left (facing 6:00), step left foot down, step right

foot close to left, step left forward

7&8. Making a ¼ turn (3:00) point right foot to the right side, finishing that ¼ turn close right foot to

left, point left foot out to left side

#### Sailor step, shuffle, step hitch x4

1&2. Step left foot behind right, step right foot out to right side, step left foot out to left side

Step right foot forward, bring left foot behind right, step right forward
Step left foot forward, hitch left knee (also scooting right foot forward),
Step left foot forward, hitch left knee (also scooting right foot forward),
Step left foot forward, hitch left knee (also scooting right foot forward),

&8& Step left foot forward, hitch left knee (also scooting right foot forward), place left foot down to

restart dance

\*\*\*\* 1 restart, when restarting the 3rd time facing 6:00 only do the first two 8 counts, then restart dance (when restarting you should be facing 12:00)\*\*\*\*

Have fun and enjoy!