Little Train Wreck

拍数: 48

级数: Beginner

编舞者: Betty Hartman (USA) - June 2022 音乐: Can't Let Go - Jill King

墙数:4

音乐: Can't Let Go - Jill King

No Tags or Restarts!

Intro: 48 counts, approx 17 secs into the track

[1-8] Toe Strut Jazz Box

- 1-2 Step R toe fwd, R heel down
- 3-4 Step L toe cross R, L heel down
- 5-6 Step R toe back, R heel down
- 7-8 Close L toe next to R, L heel down

[9-16] Lock Step R/L

- 1-2 Step R fwd, Lock L behind R
- 3-4 Step R fwd, Brush L fwd
- 5-6 Step L fwd, Lock R behind L
- 7-8 Step L fwd, Touch R next to L

[17-24] Side step R/L, R Side tog Side touch

- 1-2 Step R, Touch L
- 3-4 Step L, Touch R
- 5-6 Step R to right side, Step L next to R
- 7-8 Step R to right side, touch L next to R

[25-32] Side step L/R, L Side tog 1/4 turn L touch

- 1-2 Step L, Touch R
- 3-4 Step R, Touch L
- 5-6 Step L to left side, Step R next to L
- 7-8 Step ¼ turn to L to left, touch R next to L

[33-40] Hip Bumps R/L

- 1-2 Touch R toe fwd/bump hip fwd, Bump hip back,
- 3-4 Step on R foot, Hold
- 5-6 Touch L toe fwd/bump hip fwd, Bump hip back,
- 7-8 Step on L foot, Hold

[41-48] R Mambo Fwd, L Mambo Back

- 1-2 Rock fwd on R, Recover on L
- 3-4 Step back on R, Hold
- 5-6 Rock back on L, Recover on R
- 7-8 Step fwd on L, Hold

Start Over

Finish: Wall 11 (Start at 6:00), Last section counts 44-48 (facing 3:00), ¼ L sailor step (12:00)

