What It Feels Like



编舞者: Hiroko Carlsson (AUS) - June 2022

音乐: What It Feels Like (feat. You) - Navos & Galantis: (Spotify / YouTube Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 16 count/Starts on lyrics)

[S1] Cross, Side, Behind-Side-Cross Rock, Rolling Vine R into Side Shuffle-Cross

1 2 Cross R over L, Step L to the side

3&4& Step R behind L, Step L to the side, Rock/cross R over L, Replace weight on L

Make a ¼ turn right stepping forward on R, Make a ½ turn right stepping back on L (9:00)

Making a ¼ turn right shuffle to the right side on R-L-R (7&8), Cross L over R (12:00)

[S2] Side-Swivet R, Behind-Side-Cross-Side-Back, 1/4L Hitch, Coaster Step

1&2 Step R to the side, Lift R toe/L heel as you swing your toes to the right, Return to the centre

3&4& Step R behind L, Step L to the side, Cross R over L, Step L to the side Step back on R, Making a ¼ turn left on ball of R foot/hitch L knee (9:00)

7&8 Step back on L, Step R next to L, Step forward on L

[S3] Cross Rock, Kick-Ball-Cross, Side Rock, Cross Rock-Kick-Ball-Cross

1 2 Rock/cross R over L, Replace weight on L

3&4 Kick diagonally forward on R, Ball step R in place, Cross L over R

&5 Rock R to the side, Replace weight on L6& Rock/cross R over L, Replace weight on L

7&8 Kick diagonally forward on R, Ball step R in place, Cross L over R

[S4] Back w/ Drag, Ball-Scuff-Out-Out-&, Back w/ Drag, Ball-Fwd-1/4L Samba

1 2 Step back on R, Dragging L close to R &3 Ball step L in place, Scuff R forward

&4& Step R out to the side, Step L out to the side, Step R back to the centre

5 6 Step back on L, Dragging R close to L&7 Ball step R in place, Step forward on L

&8 Making a ¼ turn left stepping (rock) R to the side, Replace weight on L** (6:00)

[S5] Cross-1/4R-1/2R Shuffle Fwd, Side, Behind-Side-Cross Shuffle

1 2 Cross R over L, Make a ¼ turn right stepping back on L (9:00)

3&4 Making a ½ turn right shuffle forward on R-L-R (3:00)
5 6& Step L to the side, Step R behind L, Step L to the side
7&8 Cross R over L, Step L close to R, Cross R over L

[S6] Lindy L, Side, Behind-1/4R-Step-Lock-Step

1&2 Side shuffle to the left on L-R-L

3 4 Rock R behind L, Recover/cross L over R

5 6& Step R to the side, Step L behind R, Making a ¼ turn right stepping forward on R (6:00)

7&8 Step forward on L, Lock/step R behind L, Step forward on L

[S7] Fwd, Brush-In-Out-Side-Touch-Side Rock, Brush, In, Out

1 Step forward on R

2&3 Brush forward on L, Brush L back crossing in front of right shin, Brush forward on L

&4 Step L to the side, Touch R next to L

&5 Rock R to the side, Replace weight on L

6 7 8 Brush forward on R, Brush R back crossing in front of left shin, Brush forward on R

[S8] Lindy R, 1/4L, Hold, Paddle 1/4L-Touch Turn 1/2L

1&2 Side shuffle to the right on R-L-R

3 4 Rock L behind R, Recover/cross R over L

5 6 Make a ¼ turn left stepping forward on L, Hold (3:00)

Touch forward on R, Make a ¼ turn left recover weight on L (12:00) Touch forward on R, Make a ½ turn left recover weight on L (6:00)

Restart on Wall 3 count 16 **(6:00)

Ending suggestion; The last wall finishes facing 6:00.

Step forward on R, Make a ½ turn left recover weight on L (12:00)

(updated: 29/Jun/22)