Make You Move

拍数: 32

级数: Improver



音乐: Move - DNCE

Intro: 32 counts	
S1 (1 – 8) Weave, Close, Heel digs, Close, ¼ L, ¼ L, Tap	
12	Cross RF over LF (1), Step LF to side (2)
3&4	Cross RF behind LF (3), Step LF to side (&), Close RF beside LF (4)
5&6&	Tap L heel forward (5), Close LF beside RF (&), Tap R heel forward (6), Close RF beside LF (&)
78	Turn ¼ L, step LF forward @9:00 (7), Turn ¼ L, tap RF to side @6:00 (8)
S2 (9 – 16) Hip roll x 2, Behind, ¼ L, ¼ L, Side, Clap hands	
12	Change weight to RF, start anti-clockwise full hip roll (1), Complete hip roll (2)
3 4	Change weight to LF, start clockwise full hip roll (3), Complete hip roll (4)
56	Cross RF behind LF (5), Turn ¼ L, step LF forward @3:00 (6)
7&8	Turn ¼ L, big step on RF to side @12:00 (7), Clap hands twice (&8)
S3 (17 – 24) Behind, Side rock, Replace, Behind, Side rock, Replace, Cross behind, Out-out, Shoulder shrug	
1&2	Cross LF behind RF (1), Step RF to side, rock R (&), Replace on LF (2)
3&4	Cross RF behind LF (3), Step LF to side, rock L (&), Replace on RF (4)
5&6	Cross LF behind RF (5), Step RF to side (&), Step LF to side, keep weight at center (6)
7&8	Raise L shoulder (7), Release L shoulder, raise R shoulder (&), Release R shoulder, raise L shoulder (8)
S4 (25 – 26) Open position forward R-L, Open position forward R-L, Close, Semi-circular walk around	
&1 2	Step RF slightly forward (&), Step LF slightly forward, keep weight at center (1), Hold (2)
&3 4	Step RF slightly forward (&), Step LF slightly forward, keep weight at center (3), Hold (4)
&5 6	Close RF next to LF (&), Turn 1/8 L, step LF forward @10:30 (5), Turn 1/8 L, step RF forward @ 9:00 (6)
7&8	Turn 1/8 L, step LF forward @7:30 (7), Close RF beside LF (&), Turn 1/8 L, step LF forward @6:00 (8)

Last Update: 7 Jul 2022





墙数:2