Unstoppable



拍数: 32 编数: 4 级数: Easy Intermediate

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音乐: Unstoppable - WOODS: (iTunes - Single)



Intro: Start on lyrics approx. 8 counts in weight on L - 2 Restarts

BASIC NIGHT CLUB R, BASIC NIGHT CLUB L, MAMBO FWD. SWEEP BEHIND SIDE CROSS

1-2&3-4& Step right to right side, Drag L slightly behind right, Rock back on L, Recover to R, Step L to

Drag R slightly behind L, Recover to L

5&6-7&8 Rock fwd. on R, Recover to L, Step back on R as you sweep L around behind R, Cross L

behind R, Step R to side, Cross L over R

SIDE, ROCK, CROSS, 1/4 TURN, BACK LOCK BACK, SIDE ROCK, BALL CROSS 1/2 TURN

1&2-3&4 Rock R to side, Recover to L, Cross R over L, Turn 1/4 L, Step back on L, Cross R over L,

Step back on L

5-6&7-8 Rock R to side, Recover to L, Step R beside L, Cross L over R turning 1/2 R (take weight to

L)

BACK, DRAG, BACK DRAG, ROCK BACK, WALK FWD X 2

1-2&3-4& On the slight diagonal, Step back on R as you drag L towards R, Step L beside R, Step R

beside L, Step back on L as you drag R towards L, Step R beside L, Step L beside R

5-6-7-8 Rock back on R, recover to L, Walk fwd. R L (styling: as you rock back, hook L over R)

MAMBO FWD, BACK SWEEPS, COASTER CROSS, SWAY

1&2-3-4 Rock fwd. on R, Recover to L, Step back on R, Sweep L out and around, Step back on L,

Sweep R out and around, Step back on R

5&6-7-8 Step back on L, Step R beside L, Cross L over R, Sway hips R L

Both restarts occur at 6 o'clock

Restart 1: On wall 3 dance the first 8 counts and restart

Restart 2: On wall 7 dance to count 14 and restart

Ending: Dance finishes at the end of wall 9 at 12 o'clock

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