Don't Look Down

拍数: 32

级数: Improver

编舞者: Melissa Lau (NZ) - July 2022

音乐: Don't Look Down - Drake Milligan

Dance begins after approx. 4 seconds (on the word "down")

SIDE, TOGETHER, FWD SHUFFLE, SYNCOPATED WEAVE

- Step L to side, step R next to L (12:00) 1, 2
- 3&4 Step L fwd, step R next to L, step L fwd
- 5, 6, 7&8 Cross R over L, step L to side, step R behind L, step L to side, cross R over L

SIDE ROCK-RECOVER, CROSS SHUFFLE, ¼ SHUFFLE, FWD ROCK-RECOVER

- 1, 2 Rock L to side swaying hip, recover weight on R,
- 3&4 Cross L over R, step R slightly right, cross L over R
- 5&6 Turn ¼ right stepping R fwd (3:00), step L next to R, step R slightly fwd
- 7,8 Rock L fwd, recover weight on R

BACK ROCK-RECOVER, ¼ PIVOT, CROSS SHUFFLE, (reverse Rolling Vine) ¼, ½

- 1, 2 Rock L back, recover weight on R
- 3, 4 Step L fwd, pivot ¼ turn right transferring weight onto R (6:00)
- 5&6 Cross L over R, step R slightly right, cross L over R
- 7,8 Turn ¹/₄ left stepping R back (3:00), turn ¹/₂ left stepping L fwd (9:00)

14, POINT, STEP, POINT, SIDE, TOGETHER, BACK, HOLD

- 1, 2 Turn ¹/₄ left stepping R to side, tap L toe to side (body facing diagonal left)
- Step L in place, touch R toe to side (body facing diagonal right) 3, 4
- 5, 6, 7, 8 Step R to side, step L next to R, step R back, hold (6:00)

* ENDING: after 3 counts, hold, facing the front

This dance is composed for improvers as a split floor to my beginner dance 'Don't Look Down Baby'.





墙数:2