Shake That Booty Down AB

级数: Absolute Beginner

编舞者: Luci Chryz (INA) - June 2022

音乐: Drop It to the Floor (feat. Nuz Ngatai) - Fletcher Kirkman

Intro :32C - Start RF - No Tag, No Restart

Section 1 - V step, Touch diagonal fwd-Hip bump

- Step RF diagonal forward (1) Step LF diagonal fwd (2) 12
- 34 Step RF to home (3) Step LF together (4)
- 5& 6& 7& 8 Touch RF diagonal with hip bump (5) (&) (6) (&) (7) (&) (8)

Section 2 - 4x Step back-hip bump

拍数: 32

- Step RF back (1) Up LF heel while hip bump (2) 12
- 34 Step LF back (3) Up RF heel while hip bump (4)
- 56 Step RF back (5) Up LF heel while hip bump (6)
- 78 Step LF back (7) Up RF heel while hip bump (8)

Section 3 - 4x Cross point

- Cross RF (1) Point LF to side (2) 12
- Cross LF (3) Point RF to side (4) 34
- 56 Cross RF (5) Point LF to side (6)
- 78 Cross LF (7) Point RF to side (8)

Section 4 - Rocking chair with 1/4 turn R, Hip sway

- 12 Rock RF fwd (1) Recover LF (2)
- 34 Rock RF bwd (3) ¹/₄ turn R recover LF facing 03.00 (4)
- 5678 Hip sway RLRL (5) (6) (7) (8)

Enjoy the dance!

Submitted by dechryz@gmail.com





墙数:4