Satu Dalam Nada Cinta

级数: High Beginner

编舞者: lin Setiaji (INA) - July 2022

音乐: Satu Dalam Nada Cinta - Vina Panduwinata

Start Dance on Vocal (approximately on 00:18)

S1 WEAVE, CROSS ROCK, SIDE, HOLD

- 1-2 Cross R over L, Step L to side
- 3-4 Cross R behind L, Step L to side
- 5-6 Cross R over L, Recover on L
- 7-8 Step R to side, Hold

拍数: 40

S2 WEAVE, CROSS ROCK, SIDE, HOLD

- 1-2 Cross L over R, Step R to side
- 3-4 Cross L behind R, Step R to side
- 5-6 Cross L over R, Recover on R
- 7-8 Step L to side, Hold

S3 FORWARD KICK, TOGETHER, FORWARD KICK, TOGETHER, DOUBLE KICK, TOGETHER, FORWARD

- Kick R forward, Step R together 1-2
- 3-4 Kick L forward, Step L forward
- 5-6 Kick R forward 2x
- 7-8 Step R together, Step L forward

S4 FORWARD ROCK, BACKWARD, HOLD, BACK, BACK, TOGETHER, HOLD

- Step R forward, Recover on L 1-2
- 3-4 Step R backward, Hold
- 5-6 Step L backward, Step R backward
- 7-8 Step L together, Hold

S5 ROCKING CHAIR, PIVOT ¼ TO LEFT, CROSS TOUCH, FLICK

- 1-2 Step R forward, Recover on L
- 3-4 Step R backward, Recover on L
- 5-6 Step R forward (12:00), Turn 1/4 left recovered on L (09:00)
- 7-8 Cross touch R over L, Flick/Back heel up R to right

REPEAT

RESTARTS on Wall 3 & 10 after 32 Count RESTART on Wall 7 after 16 Count

RESTARTS (with change steps) on Wall 5 & 12 after 8 Count, do the steps below : S1 WEAVE, CROSS ROCK, SIDE, RECOVER

- 1-2 Cross R over L, Step L to side
- 3-4 Cross R behind L, Step L to side
- 5-6 Cross R over L, Recover on L
- 7-8 Step R to side, Recover on L

Enjoy the dance

Email Address : saptri@yahoo.com





墙数:4