Begging You For Mercy

级数: Easy Intermediate

编舞者: Colleen Archer (AUS) - 12 July 2022

音乐: Mercy - Valntn : (iTunes)

Intro: 32 counts after Mercy, start on word "You" SP: Weight on L BPM: 120 Version:2 Rotation: 1/2 CW

Rock Back, Recover, Shuffle, Rocking Chair

拍数: 32

- 1, 2 Rock step R back, Recover L
- 3&4 Step R forward, Step L beside R, Step R forward
- 5.6 Rock step L forward, Recover R
- 7,8 Rock step L back, Recover R (12)

Rock Side, Recover, Cross Shuffle, Rock Side, Recover, Behind, Turn ¼, Forward

- 1, 2 Rock step L to left side, Recover R
- 3&4 Step L across R, Step R to right side, Step L across R
- 5,6 Rock step R to right side, Recover L
- 7,8 Step R behind L, Turn ¼ left and step L forward (9)

Rock Forward, Recover, Coaster, 1/2 Pivot, 1/4 Paddle

- 1, 2 Rock step R forward, Recover L
- 3&4 Step R back, Step L beside R, Step R forward
- 5,6 Step L forward, Turn 1/2 right taking weight onto R
- 7.8 Step L forward, Turn ¼ right taking weight onto R (6)

Across, Side, Sailor, Weave Across, Side, Behind Side

- 1, 2 Step L across R, Step R to right side
- 3&4 Step L behind R, Rock step R to right side, Recover L
- 5.6 Step R across L, Step L to left side
- # Step R behind L, Step L to left side 7.8
- (wall 3, restart facing 6 o'clock)

Rock Back, Recover, 1/2 Turning Shuffle, Rock Back, Recover, Walk Forward x 2

- 1, 2 ## Rock step R back, Recover L (add finish)
- 3&4 Step R forward, Turn 1/2 left stepping L beside R, Step R beside L
- 5, 6 Rock step L back, Recover R
- Step L forward, Step R forward (12) 7,8

1/2 Pivot, Shuffle, 1/4 Paddle, 1/4 Paddle

- 1, 2 Step L forward, Turn 1/2 right taking weight onto R
- 3 & 4 Step L forward, Step R beside L, Step L forward
- 5,6 Step R forward, Turn 1/4 left taking weight onto L
- Step R forward, Turn 1/4 left taking weight onto L (12) 7,8

Across, Touch, X-Samba, ¼ Turning Box Step Cross

- Step R across L, Touch L to left side 1, 2
- 3 & 4 Step L across R, Rock step R to right side, Recover L
- 5,6 Step R across L, Turn 1/4 right and step L back
- Step R to right side, Step L across R (3) 7,8

Side, Touch, Side, Touch, ¼ Turn, Side, Touch, Side, Touch

1, 2 Step R to right side, Touch L beside R





墙数: 2

- 3, 4 Step L to left side, Touch R beside L
- 5, 6 Turn ¼ right and step R to right side, Touch L beside R
- 7, 8 Step L to left side, Touch R beside L (6)

Begin dance again.....

Restart: # Wall 3...dance first 32 counts of dance and start wall 4 facing 6 o'clock. Finish: ## Wall 6...dance first 34 counts of dance, Step R forward, Drag L forward to touch beside R

Dance may be copied and distributed provided original steps remain unchanged.

email: colleen.archer@bigpond.com

Last Update - 16 July 2022