Feelings



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音乐: Feelings - Vigon Bamy Jay



Intro: 16 Counts
No TAG & No Restart

SECTION 1: WALK FORWARD (RIGHT, LEFT), FORWARD MAMBO, WALK BACKWARD (LEFT, RIGHT), ANCHOR STEP

1-2 Step R forward, Step L forward

3&4 Rock R forward, Recover on L, Step R back

5-6 Step L back, Step R back

7&8 Step L behind R, Step R in place, Step L in place

SECTION 2: SWAY (RIGHT, LEFT), 1/4 RIGHT SAILOR STEP, FORWARD ROCK, RECOVER, ANCHOR STEP

1-2 Step R to side&Sway right, Sway left

3&4 Make ¼ right turn sweep R back, Step L next to R, Step L forward (9.00)

5-6 Rock L forward, Recover on R

7&8 Step L behind R, Step R in place, Step L in place

SECTION 3: SIDE, CROSS BEHIND, ANCHOR STEP, SIDE, CROSS BEHIND, ANCHOR STEP

1-2 Step R to side, Cross L behind R

3&4 Step R in place, Step L in place, Step R in place

5-6 Step L to side, Cross R behind L

7&8 Step L in place, Step R in place, Step L in place

SECTION 4:.FULL TURN RIGHT, TURN 1/4 RIGHT, ANCHOR STEP, TOUCH IN PLACE, ANKLE STEP

1-2 Make ½ right turn step R forward, Make ½ right turn step L back (9.00)
3&4 Make ¼ right turn step R forward, Step L in place, Step R in place (6.00)

5-6 Touch L outside left, Touch L beside right

7&8 Ankle Step

Have Fun!

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