It's Not Unusual

拍数: 32

级数: Absolute Beginner

编舞者: Amy Christian (USA) - July 2022

音乐: It's Not Unusual - Tom Jones

Intro: 32 counts.

SIDE, TOGETHER, SIDE, TOUCH, FORWARD MAMBO, FORWARD MAMBO,

- Step R to right side, Step L next to R, Step R to right side, Touch L next to R, 1-4
- 5&6 Rock forward on L, Recover back on R, Step L next to R (or slightly back),
- 7&8 Rock forward on R, Recover back on L, Step R next to L (or slightly back),

SIDE, TOGETHER, SIDE, TOUCH, FORWARD MAMBO, FORWARD MAMBO,

- 1-4 Step L to left side, Step R next to L, Step L to left side, Touch R next to L,
- 5&6 Rock forward on R, Recover back on L, Step R next to L (or slightly back),
- 7&8 Rock forward on L, Recover back on R, Step L next to R (or slightly back),

VINE R, VINE L,

- 1-4 Step R to right side, Step L behind R, Step R to right side, Touch L next to R (Clap),
- 5-8 Step L to left side, Step R behind L, Step L to left side, Touch R next to L (Clap),

¾ WALK ABOUT, V-STEP,

1-4 Turning left, walk 4 steps (R-L-R-L) in a semi circle with a 3/4 turn, (end facing 3:00), 5-8 Step R diagonally forward, Step L out to left side, Step R back, Step L next to R,

Start over!

*TAG – 4 count Tag happens one time, right after wall 1.

Do The JERK

1-4 Bend knees as you swing your arms up and down. Watch the video.

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墙数:4