No News

级数: Beginner / Improver

编舞者: Dean Craft (USA) - July 2022

音乐: No News - Lonestar

Intro: Starts after 16 counts

拍数: 36

S1: 4 Sailor Steps (Right, Left, Right, Left)

- 1&2 Step back on RF,step Forward on LF , Step forward on RF
- 3&4 Step back on LF, step Forward on RF, Step forward on LF
- 5&6 Step back on RF,step Forward on LF , Step forward on RF
- 7&8 Step back on LF, step Forward on RF, Step forward on LF

S2: Swivel Heels ¼ L, then ½ R, RF Kickball Change, 3 Walks Forward and ½ Pivot

- 1, 2 Swivel heels 1/4 turn Left, Swivel heels 1/2 turn right
- 3&4 Kickball Change with the Right Foot
- 5,6,7,8 Walk Forward Right, Left, Right, ½ pivot

S3: 3 Walks Backwards and $\frac{1}{2}$ pivot, Diagonal Step fwd R, Touch, Hip Bumps

- 1,2,3,4 Walk backwards Left, Right, Left, ½ pivot
- 5,6 Slide diagonal forward R, touch L next to R (weight R)
- &7&8 Bump L hip L, bump R hip R, bump L hip L, bump R hip R (weight R)

S4: Diagonal Step L, Touch, Hip Bumps, 4 Hip Bumps

- 1,2 Slide L to L side, touch R next to L (weight L)
- &3&4 Bump R hip R, bump L hip L, bump R hip R, bump L hip L (weight L)
- 5,6,7,8 Bump R hip R, bump L hip L, bump R hip R, bump L hip L (weight L)

S5: R Step Pivot ½ Turn, R Step Pivot ½ Turn

1,2,3,4 Step right pivot (2X) (weight L)

Repeat

No Tags or Restarts - Let's Dance

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墙数:4