

Can't Keep Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Donna Manning (USA) - July 2022
音乐: Can't Keep Up - Brett Eldredge



NO tags or restarts...(hoooooray!! I know) - (counter clockwise)

Sec. 1 (1-8) Kick, Behind, ¼ Turn, ¼ Turn, Hitch (or kick), Cross, Back, Side

- 1,2,3,4 Kick L to fwd diagonal, step L behind R, ¼ turn r stepping R slightly fwd (3:00), ¼ turn r stepping L slightly to L side (6:00)
5,6,7,8 Hitch R (or kick R fwd), cross R over L, step L back, step R slightly to R side but under your shoulder width – stay square with wall(6:00)

Sec. 2 (9-16) Step, Heel-toe walk, Step, Heel-toe walk

- 1,2-3-4 Step L to L fwd diagonal, walk your R ft to L ft moving heel, toes, heel
5,6-7-8 Step R to R fwd diagonal, walk your L ft to R ft moving heel, toes, heel (weight stays on the R ft)(6:00)

Sec. 3 (17-24) Kick, Step, Rock-Recover, Kick, Step, Rock-Recover

- 1,2,3-4 Kick L fwd, step down on L, Side Rock R, Recover to L moving slightly fwd
5,6,7-8 Kick R fwd, step down on R, Side Rock to L, Recover to R moving slightly fwd (angle body slightly R)(6:00)

Sec. 4 (25-32) Cross Rock, Recover, ¼ Turn, Step, ½ Turn, Step, Stamp

- 1,2,3-4 Cross Rock L over R, recover to R, ¼ turn L stepping L fwd, pause
5,6,7,8 Step R fwd, ½ turn L taking weight to L, step R slightly to the side of L, stamp L (stomp not taking weight) next To R (angle body to the L)(9:00)

EOD ...End of dance! Smile, have fun, REPEAT!

Please do not alter this step sheet in any way. If you would like to use on your website, please make sure it is in its original format and include all contact details on this script. Video rights assigned to choreographer.

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