

Shivers

拍数: 32 墙数: 1 级数: Intermediate
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音乐: Shivers - Ed Sheeran



-Slide right, sailor step, behind and cross with turn, behind and cross

1,2 side right drag left to right foot
3&4 sailor step right
5&6 right foot behind and cross to the left with a half turn to the left
7&8 left foot behind and cross to the right

-Heel jack, scuff step, kick ball cross, half turn with scuff

&1 heel jack to the right
&2 bring weight back to left foot and scuff right across left
3,4 cross step over left with right, then step out on left foot.
5&6 kick ball cross with the right foot crossing the left foot over the right
7,8 step to the right with the right foot beginning half turn to right and scuff left foot finishing half turn to the right (you should be facing the starting wall)

- Rock forward 2x, 1/2 turn, full turn

1,2 Rock forward on left recover on right
&3,4 Switch weight to left foot rocking forward on right, recover into left
5 half turn to the right putting weight on right foot
6,7,8 full turn to the right starting on left foot

-Step lock step, step lock step with 1/2 turn, walk forward 2x

1,2,3 step up on the right locking left foot behind stepping forward on right again
4,5,6 step forward on left beginning your turn to the right as you lock your right foot behind, continue the turn as you step again onto left foot. this completes the half turn to face the start wall
7,8 walk forward 2x
